

A Guide for Pollution Assessment & Monitoring in Coastal Ecosystems

# A guide for pollution assessment & monitoring in coastal ecosystems

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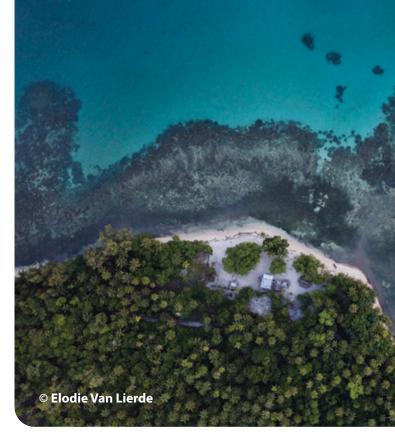
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# **Purpose of the document**

This guide is intended for users who are interested in assessing and monitoring coastal and marine pollution to understand their own systems, to inform management, decision-making, policy effectiveness, or compliance in coastal and marine ecosystems. It is not a detailed laboratory or field guide, but an overall guide for readers to assess the state of coastal and marine pollution in their areas, identify assessment and monitoring approaches and methods that could provide the necessary information to motivate action or initiate change, and help with the selection of monitoring parameters. This document is accompanied by multiple technical documents that provide more details on methodologies to help guide selection.

This guide can be used to help you identify what is needed at the very beginning of diagnosing pollution problems in your area or to provide more specific guidance on program design. The information is presented both as standalone sections or can be read as a series of sequential steps. Depending on where you are in your journey, some sections may be more relevant than others, and you may not necessarily need to follow them in a sequence. We have also outlined some example approaches to answer common questions related to coastal and marine pollution (Section 10), and have provided a Frequently Asked Questions section (Section 11). We hope the information presented here helps you to better protect coastal and marine ecosystems from pollution.



# Glossary

**Bioaccumulation:** A process of accumulation of chemicals in an organism that takes place if the rate of intake exceeds the rate of excretion (Chojnacka, 2010).

**Bioindicators:** Living organisms that can be used to assess the state or condition of an ecosystem as a result of disturbances or alterations caused by pollution, due to their known capacity to rapidly respond to changes in the environment (Parmar et al., 2016).

**Blackwater:** A waste stream from toilets that is the mixture of urine, feces, flush water, and cleansing materials (e.g. toilet paper).

**Contaminant:** A substance introduced at a given location or a naturally occurring substance that is present at levels above typical concentrations (Chapman, 2007).

**Contaminants of emerging concern:** Substances that, due to their increasingly widespread and continuous use, toxicity, and persistence in the environment, are of more recent concern (León & Bellas, 2023).

**Greywater:** Water generated from washing food, clothes, and dishware, as well as from bathing, but not from toilets. It can contain organic matter, pharmaceutical and personal care products, microplastics, and traces of feces and pathogens (e.g., from washing diapers) (Tilley et al., 2014).

### Endocrine disruptors: Natural or

human-made chemicals that may mimic, block, or interfere with the body's hormones, which are part of the endocrine system. At least 1,000 chemicals have been identified as potential endocrine disruptors (NIEHS, 2024a).

**Fecal sludge:** Excreta collected via non-sewered sanitation systems, such as pit latrines, leach pits, and septic tanks (SuSanA, 2018).

**Indicator:** A physical, chemical, or biological measure that points to the presence of specific environmental conditions or pollutants (DES, 2018).

Leachate: Any liquid that, in the course of passing through solid matter, extracts soluble or suspended solids, or any other component of the material through which it has passed, including contaminants.

Legacy contaminants: Pollutants that can persist in groundwater for long periods of time, whose presence may be recorded for many years after management interventions have been implemented.

**Parameter:** The specific pollutant that is measured to assess pollutant type presence or concentration.

Persistent organic pollutant (POP): A diverse group of long-lasting chemicals that resist degradation and can accumulate in the environment and within living organisms. Due to their persistence, they can travel long distances, bioaccumulate through the food chain, and may pose significant risks to human and ecosystem health, including through toxicity and disruption of endocrine systems (Stockholm Convention, 2020).

### Pharmaceutical & personal care products: A

diverse group of chemicals that include all drugs (both prescription and over-the-counter medications) and non-medicinal consumer chemicals, such as fragrances (musks) in lotions and soaps, ultraviolet filters in sunscreens, and ingested chemicals like caffeine or sucralose (U.S. EPA, 2013; Osuoha et al., 2023).

**Pollutant:** A contaminant able to produce adverse biological effects in living beings (Chapman, 2007).

**Spatial variation:** The differences in physical location or space.

**Temporal variation:** Changes over time (days, months, years).



# 1. Water pollution overview

# 1.1 Sources of pollution

Water pollution in coastal and marine environments can come from a variety of anthropogenic (human) activities (Table 1). These activities produce characteristic groups of pollutants (Fig. 1), cause a wide variety of impacts, and can be influenced by many environmental factors, including soil type, geological features, terrain, and rainfall patterns. Chemical pollutants, including the >140,000 that humans have synthesized, are often additionally categorized according to their persistence in the environment and their toxicity or impacts to people and environments (Naidu et al., 2021).

### Common activities that result in pollution of the aquatic environment



**Agriculture:** The application of pesticides, synthetic fertilizers, manure, and human waste as part of agricultural activities can release a variety of pollutants into waterways. Intensive soil tillage and deep ploughing causes large losses of sediment, nutrients, pesticides, and heavy metals. Irrigation practices may lead to the leaching of salts contained in soils and drainage increases the concentration of soluble soil components in water (WHO, 2016).



Aquaculture & fisheries: These activities produce wastes such as fish excreta and uneaten food, including medicated feed, as well as pharmaceutical products used to treat or suppress illnesses. Use of livestock manure, synthetic fertilizers, and human waste is a common practice to increase fish yields in pond aquaculture. Different types of pesticides are used to prevent or reduce disease, aquatic vegetation, and the presence of other organisms (WHO, 2016).



**Deforestation & land-clearing:** These activities destabilize soil causing erosion, with slashand-burn land clearing and intensive logging causing greater impacts (WHO, 2016). Logging on steep slopes increases soil erosion, while logging close to water bodies increases the amount of mobilized soil that enters them (Wenger et al., 2018). Biomass burning to clear land can substantially elevate the quantity of nutrients that enter coastal environments through atmospheric deposition (Sundarambal et al., 2010).



**Domestic wastewater:** Domestic wastewater includes waste from both sewered and nonsewered sanitation sources. It typically consists of blackwater and greywater. The risk to human and ecosystem health associated with domestic wastewater depends on its quality, and whether it is treated, partially treated, or raw. Fecal sludge from non-sewered systems also poses a risk if not properly treated and disposed of (Pistocchi et al., 2022; Tilley et al., 2014; WHO, 2016).



Landfills: Landfills and open dumps lead to leachate formation, which can carry various pollutants to the surrounding soil, surface water, and groundwater. Waste composition is an important factor in determining the pollutants present in the leachate, but commonly include organic matter, inorganic salts, heavy metals, micro- and nanoplastics, and other industrial pollutants (Amano et al., 2021; Economist Impact, 2022).



Livestock & invasive animals : Manure generated by livestock and invasive mammals enters water bodies via direct defecation or surface runoff. Pathogens from manure pose a threat to both human and ecosystem health. Antibiotics and other pharmaceuticals used in livestock care can be major sources of pollution, and promote the rise of antibiotic-resistant bacteria. Intensive grazing near rivers erodes river banks and destroys riparian vegetation, facilitating sediment release (WHO, 2016).



**Military activities:** Pollution can be generated from both routine military operations and emergency or wartime events. The range of typical military pollutants include per- and polyfluorinated substances (PFAS) from fire fighting, hydrocarbons from fuel, metals and polychlorinated biphenyls (PCBs) from equipment, and chemicals from weapons disposal (Fernandez-Lopez et al., 2022; Rodríguez-Eugenio et al., 2018; ; Skalny et al., 2021).



**Mining:** Mining creates pollution during construction, extraction, and processing activities. Land clearing and excavation mobilizes soil and can unearth naturally occurring heavy metals. Chemical and physical processes required for mineral extraction can cause major pollution issues (Economist Impact, 2022). Pollutants at abandoned or closed mining sites run off into water bodies during rainfall (NOAA, n.d.)



**Ports, marinas, & ocean-based industries (e.g., petroleum platforms):** Vessels and harbors are a source of wastewater pollution when accessible sanitation facilities or treatment are lacking. Vessel maintenance activities such as antifouling can contribute a wide range of pollutant types to water bodies. Additionally, capital and maintenance dredging in ports and shipping lanes can resuspend benthic sediments, releasing any trapped contaminants. Industries like oil and gas extraction in the ocean can further pollute surrounding waters with heavy metals, hydrocarbons, and radioactive material (Economist Impact, 2022).

Urbanization, including manufacturing urbanization to occur, industrial waste

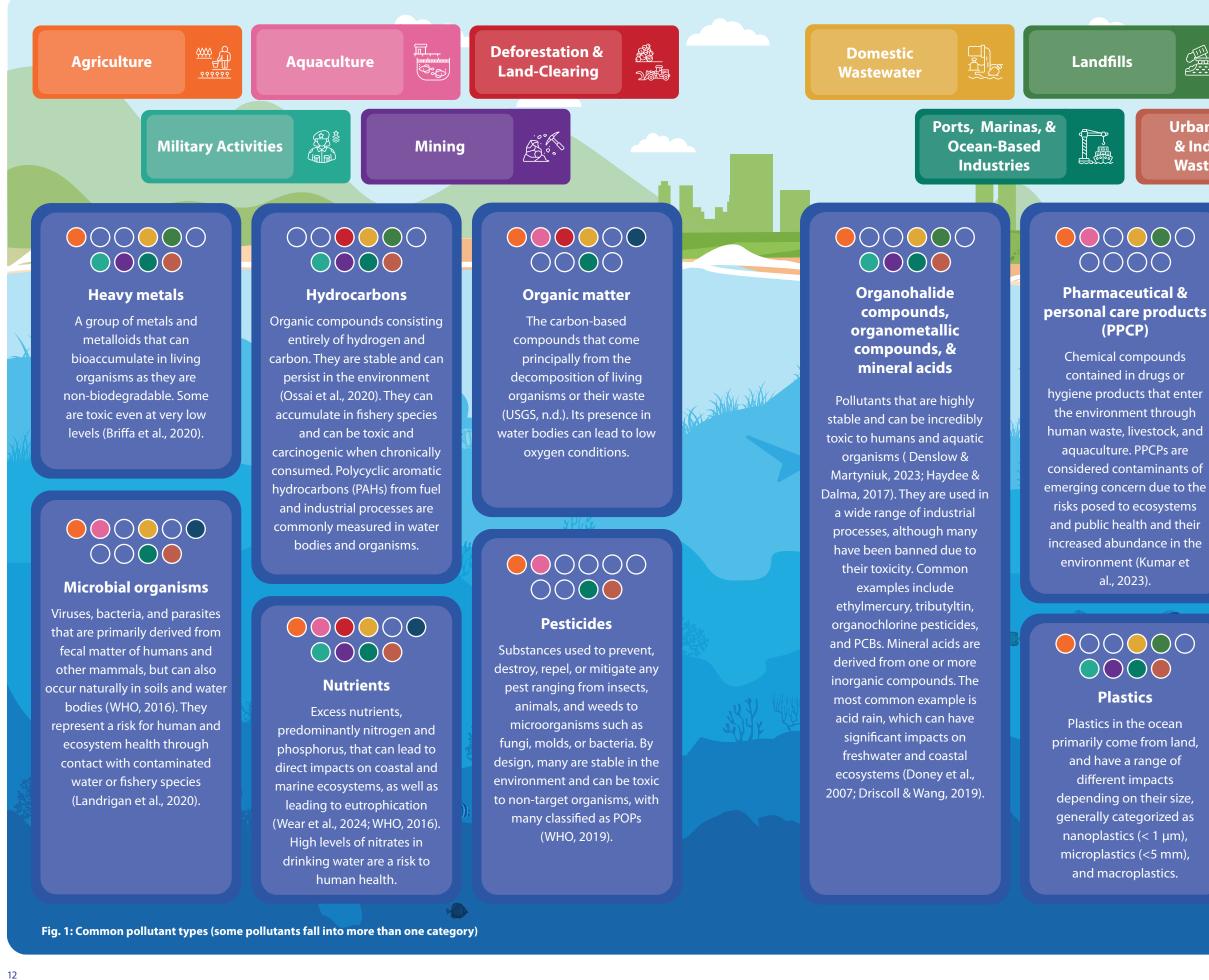
**urbanization to occur, industrial wastewater, & stormwater:** Fertilizers and pesticides used in urban green spaces can pollute nearby water bodies. Micro- and macro-debris that accumulate in urban areas can be washed into water bodies during rainfall and flooding events. Converting natural land to paved roads that are impervious to water increases the volume of stormwater entering water bodies. Emissions from industrial processes and transportation contribute to water pollution through atmospheric deposition. Industrial wastewater is also a major source of pollution, with the composition depending on the industries in the area (Economist Impact, 2022).

### Urbanization, including manufacturing, chemical production, industries that support

 Table 1: Common sources for a range of pollutant types

			<u>}</u>							
Pollutants	Agriculture	Aquaculture	Deforestation & Land-Clearing	Domestic Wastewater	Landfills	Livestock & Invasive Mammals	Military Activities	Mining	Ports, Marinas, & Ocean-Based Industries	Urbanization & Industrial Wastewater
Heavy metals	~			~	~		$\checkmark$	~	✓	$\checkmark$
Hydrocarbons			~	~	~		~	~	~	$\checkmark$
Microbial organisms	~	~		~		✓			✓	$\checkmark$
Nutrients	$\checkmark$	~	~	~		✓	~	~	$\checkmark$	$\checkmark$
Organohalide compounds, organometallic compounds, mineral acids	$\checkmark$			~	~		~	~	~	$\checkmark$
Organic matter	~	$\checkmark$	~	~		~			$\checkmark$	
Per- & polyfluoroalkyl substances (PFAS)				~	$\checkmark$		~	~		$\checkmark$
Pesticides	$\checkmark$	$\checkmark$							$\checkmark$	$\checkmark$
Pharmaceuticals & personal care products (PPCPs)	~	~		~	~					
Plastics	~			~	~		~	~	✓	~
Sediments	~	~	~	~		~	~	~	~	~

& MONITORING OF COASTAL ECOSYSTEMS





### Livestock & Invasive Mammals



**Urbanization** & Industrial Wastewater



# 

### Per- & polyfluoroalkyl substances (PFAS)

A group of synthetic chemicals used in a wide range of products, including non-stick cookware, water-repellent clothing, stain-resistant fabrics, carpets, and some cosmetics (ATSDR, 2021). They are highly persistent in the environment and in the human body and can impact human and ecosystem health.

# **Sediments**

Fine soil particles that can settle out or be suspended in water, impacting organisms through direct contact or through increasing turbidity. Contaminants, nutrients, and microbial organisms can bind to soil particles, impacting human and ecosystem health when released into the water.

# 1.2 How do pollutants get into the ocean?

**80% of marine pollution originates from the land (NOAA, 2023b)**. There are several watershed characteristics that influence how much pollution ends up in water bodies, including watershed geomorphology (slope, soil type, and geology) and vegetation cover. Understanding how and when pollution is carried from the land to the sea is a key strategy for prioritizing activities and solutions to mitigate and reduce water pollution impacts to coastal and marine ecosystems.

Land-based pollution can be transported into the ocean in a variety of ways (Fig. 2). They include:

- Surface runoff: The transport of pollutants via surface runoff is linked to the hydrological dynamics of watersheds and the nature of the pollutants themselves. It involves the mobilization of contaminants from various land-based sources and activities. These contaminants are then conveyed by river systems as they progress from upstream headwaters through estuaries and into coastal waters.
- Flood events: Beyond normal surface runoff, seasonal and episodic flood events play a substantial role in transporting pollutants from the land to the sea. During such events, the volume and velocity of river discharge significantly increase. This surge in water flow can entrain and transport various pollutants in larger amounts. The high velocity of a flooding river can also disperse pollutants farther into the ocean than normal river flow can.

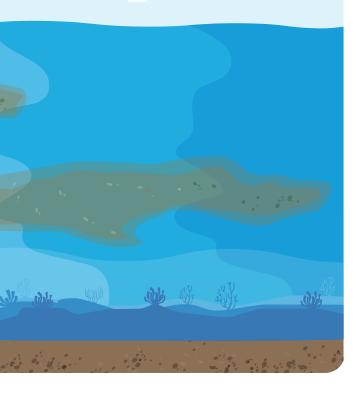
- 3. Groundwater: Contamination of groundwater occurs 5. Stormwater: Stormwater runoff acts as a conduit through leaching and infiltration of pollutants from for urban pollution to reach coastal waters. In landfills, septic systems and pit latrines, and other urban environments, stormwater can pick up a subsurface sources. Over time, this polluted groundwater wide array of contaminants, such as oil and grease, may resurface in rivers and estuaries, eventually heavy metals, and debris, and it is often untreated. introducing contaminants into coastal ecosystems. This pathway is influenced by factors such as land The composition of the underlying geological strata, use, impervious surfaces, and the efficiency of hydrogeological properties, and the nature of the stormwater management practices. contaminants all influence this transport pathway.
- Domestic & industrial wastewater outfalls: 4. Atmospheric deposition: Atmospheric deposition is The release of partially treated and untreated the process by which gases and particulate matter in the wastewater directly into coastal waters is a atmosphere settle onto terrestrial and aquatic surfaces. significant source of pollution. The impacts of It serves as a vector for introducing contaminants into this pollution are contingent on the volume and ecosystems. Pollutants, including heavy metals such composition of wastewater discharges, the level as mercury, excess nutrients, industrial emissions, and of treatment, and the dilution and dispersion airborne microplastics, can be deposited directly into processes in the receiving marine environment. water bodies or onto land and subsequently washed into 7. Soil erosion & sediment transport: Soil erosion water bodies.

Fig. 2: A variety of pollution transport pathways from land to coastal ecosystems

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7. Soil erosion & sediment transport: Soil erosion from deforested, agricultural, or construction sites can carry sediments laden with pollutants into rivers and streams, which then transport these sediments to the ocean.



# 2. Introduction to pollution assessment, monitoring, & evaluation

There are a wide variety of situations and conditions where concerns about coastal and marine pollution and its impact on human and ecosystem health will arise. To address these concerns it is important to understand the source and scale of the pollution problem, which in turn will help prioritize the actions required to mitigate the pollution issue. In order to identify how best to manage pollution, there is a need for robust data collection and data analysis to inform decision making for the most appropriate responses. Assessment and monitoring of coastal pollution is essential to track natural and anthropogenic change, identify the sources of pollution, and ensure responsible stewardship and management of the use of coastal and marine ecosystems that can be impacted by pollution.

## Assessment

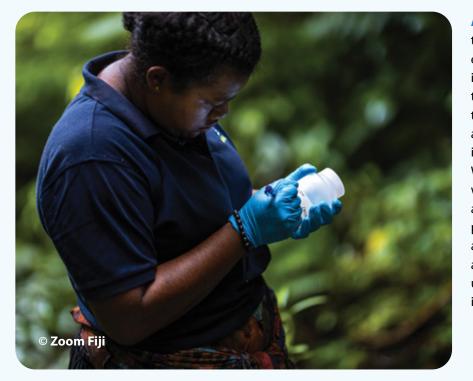
An initial assessment (described in Section 3) or a more targeted study to help identify the type, extent, and impact of pollution.

# Monitoring

The routine collection of data to establish baselines and to track changes through time in response to concerns around pollution impacts.

# **Evaluation**

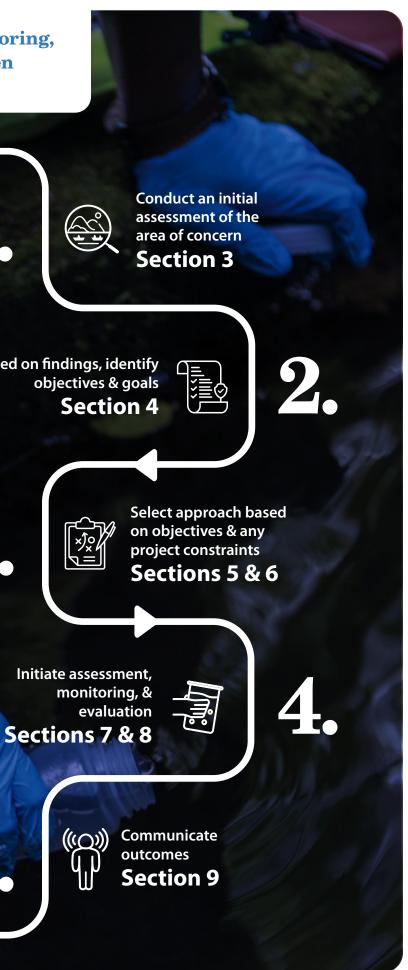
Tracking the responses of water quality and other pollution indicators to management interventions, to identify impact and to inform adaptive management actions.



Assessment involves activities that can measure the source, extent, and impact of the issue, monitoring measures the variability of pollution and the effectiveness of actions, and evaluation involves the interpretation of that information. Whilst there are many different ways to approach the assessment and monitoring of coastal pollution, it should be adaptive, allowing for adjustments and refinements as your understanding of the issues grows.

Pollution assessment, monitoring, and evaluation can be broken down into five main steps

> **Based on findings, identify Each step should** be revisited 3. periodically and adapted if needed, as new information arises



# 3. Getting started: initial assessment

The scale, extent, and concerns about the pollution problem will be a key driver in the types of assessment and monitoring that are required. Implementing an effective program or project to assess coastal and marine pollution can often be expensive, time-consuming, and complex. It is critical to understand what information is needed for different partners to initiate action, motivate change, or track pollution and its impacts through time.

Therefore, prior to investing in an assessment and monitoring program, an initial assessment of the potential sources, type, extent, and impact of pollution should be performed. This involves gathering, reviewing, and analyzing existing information. Importantly, this assessment should be completed before deciding on your approach (or approaches) to assessing and monitoring the coastal pollution issue.

**Existing (and accessible) information** is a very important part of your pollution assessment. There are many valuable local, national, and global datasets that can also be used to understand the sources, type, extent, and impact of coastal pollution.

# Preliminary data gathering, using a wide range of existing data sources can provide information on...



The activities that are responsible for generating pollution.

The primary

pollutant types

of concern.



The prevalence of pollution generating activities.



The key individuals, organizations, and partners that are responsible for generating pollution, impacted by pollution, are responsible for its mitigation.



The spatial and temporal dimensions of the pollution issue (linked to the scale of the impact).

Any management, policies,

legislation, regulations, and

compliance mechanisms

that are in place.



The likely pathway that connects sources of pollution to the coastal and marine areas of concern.



Data gaps that need to be addressed through a more targeted assessment.

The initial assessment can be broken down into three categories

# Who

Who are the key communities and organizations involved?

# What

What are the sources of water pollution, and are there any existing policies, legislation, or regulations in place to manage it?

# Where

Where are the pollution generating activities occurring, and where in the coastal and marine environment are pollutants ending up?

The initial assessment can be quite short or more detailed, depending on information needs, and it can include one or a combination of the following components



### Desktop assessment – Mapping & collecting existing data

- Land-use and land cover mapping.
- Collation of existing data, such as government reports, scientific publications, research studies, etc.
- Wastewater and stormwater systems and infrastructure mapping.
- Regulatory, policy, and management assessment, and gap analysis.
- Partner, community, and other stakeholder identification.

## What & Where

της ....

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Partner, community, & stakeholder mapping should focus on identifying four main groups

- The people
   **Responsible for the pollution.**
- The people
   Affected by pollution.
- The people
   Able to mandate and enforce change.
- The people
   Responsible for pollution management.

Who

6	e)
4	买

### **Physical inspection**

- Examination of infrastructure, e.g., presence of leaking pipes.
- Observations of water and coastal areas for signs of pollution.
- Locating main sources of pollution.

For wit

Formal and informal discussions with key informants & community members

- Are there concerns regarding pollution?
- Are there practices that could cause pollution?

Once you have collated all of the existing data, it is important to analyze and interpret the information to understand what it is indicating with regards to the sources, type, extent, and potential impacts from pollution. This step is **key to identifying data gaps and developing a pollution assessment and monitoring program that can best address the information needs required to initiate action or motivate change**.

To get you started, in **Appendix 1** we have outlined a number of questions to guide you on your initial assessment of existing information.

After going through these questions, you should be able to identify the following:

- 1. The location and scale of the area of interest.
- The main data gaps that need to be filled to guide decision-making for pollution management.
- 2. The main concerns or questions about pollution in the area of interest.
- **4.** The information partners and communities need to initiate action or motivate change in attitudes and actions.





# 4. Defining goals, objectives, & targets

Coastal pollution assessment, monitoring, and evaluation aims to gather the data needed to protect the environment from negative biological and ecological impacts caused by pollution (Altenburger et al., 2015).

However, good monitoring programs are not just exercises in data collection. Setting appropriate goals, objectives, and targets is an essential requirement to help guide the data collection and analysis.

### Goals

The higher level ambitions for your area and the outcomes you are trying to achieve, which may be met through multiple activities associated with improving water quality across watersheds and coastal and marine environments.

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### Example goals for your area

- Protect and maintain thriving aquatic ecosystems.
- Preserve the resources those systems provide to society.
- Safeguard human health.

•

There are likely to be existing goals in your area related to the conservation of coastal ecosystems and protection of ecosystem services that may benefit from some aspects of pollution management. Your assessment, monitoring, and evaluation program must provide the information and knowledge needed to guide decision-making around achieving stated goals.

### **Objectives**

Specific statements of outcomes you are trying to achieve through pollution management, which will support your broader goals. Objectives can be both numerical and or narrative statements\*.

A clearly stated management objective is needed for planning a coastal pollution assessment, monitoring, or evaluation program. Until you have this, you will not be able to fully address the more detailed questions around how to design and execute the program outlined in Sections 5-7.

### **Example management objectives**

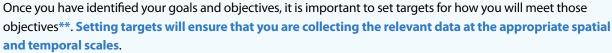
- Water quality in coastal systems should not harm or impact the coastal ecosystem.
- Recreational swimming areas comply with water quality regulations for safe swimming.
- Pollutant concentrations remain within water quality guidelines.
- Nutrient pollution loads are reduced to historic ambient levels.

### **Examples of scientific questions that** could be addressed to inform management objectives

- Is agricultural pollution negatively impacting seagrass meadows?
- How do different pollutant concentrations vary in space and time?
- What are the main sources of nitrogen pollution in the area?

\*

If there was limited information available during your initial assessment, you will likely have to undertake a more targeted scientific assessment to fully understand the pollution challenges in your area prior to setting more specific management objectives. In this case, your program objectives will be more focused on the scientific questions you are trying to answer rather than management objectives. However, even if this is the case, it is still critical to have clearly stated scientific questions that relate to broader management objectives and goals. Otherwise, you risk collecting additional information that cannot be used to inform management.



### Target

## Good assessment, monitoring, & evaluation targets should be

A target is an indicator established to determine how successful you are at achieving an objective.

### **Example targets**



By 2030, nitrogen loads entering coastal environments are reduced by 50%.

95%

95% of the Enterococcus sample measurements must fall within acceptable standards for human health to achieve safe swimming status by 2025.

The current measures of water quality bioindicators must be maintained on coral reefs within 1 km of the proposed development site throughout the duration of construction.

### Here are some questions to guide you in identifying both your management objectives & questions through targeted scientific assessments

- What is your desired end-state?
- What is currently stopping the desired end-state from occurring?
- What threats are you trying to quantify and mitigate?
- Do you need to demonstrate a long-• term change?
- Are you abiding by or trying to meet international goals?
- Do you have requests from project partners, community members, and other stakeholders on mitigating particular threats or achieving specific outcomes?
- Are there policy targets or legal regulations you are required to meet?
- Are you obliged to meet the conditions of an **Environmental Impact Assessment?**

### In summary

If you still require additional information that will be collected through targeted scientific assessments, working with relevant partners to discuss broader management goals and objectives will help you design data collection so that the information can

- Specific
- Realistic & attainable

Time-bound

- Measurable
- Achievable
- **Results** oriented
- Inclusive
- Equitable

### \*\*

Setting targets will be less relevant if you are still undertaking baseline scientific assessments. We suggest you use this guide iteratively, so once you have the results from your baseline assessments, you can focus more on setting specific management objectives and targets.



be used to guide management. If you are implementing management interventions to address pollution, having clear objectives and targets will ensure you are collecting the data needed for monitoring and evaluation at the appropriate spatial and temporal scales.

# 5. Deciding on your approach for data collection

There are many approaches to assess and monitor water pollution, and any given question or concern regarding pollution may be answered through several different approaches. The selection of the most appropriate approach or the mixture of approaches will depend on the type of pollution problem, the temporal and spatial scale of the problem, available budget, staff and technical expertize required, and the type of information that is needed. Selecting the appropriate approach ensures that

### We have broken down the different approaches to pollution assessment and monitoring into seven broad categories.

### Biotic and abiotic sampling for •XP further assessments

The collection of organisms, organism tissues, or sediments to assess the bioaccumulation of a pollutant within the tissue of an organism, physiological and anatomical abnormalities or deformities, changes in a system through time, and in some cases, sources of pollutants.

### Direct, in-situ water quality $\bigcirc$ measurements, observations, & samples

The collection of water samples that are analyzed at a laboratory or with a water quality testing kit, as well as in-situ measurements taken with an instrument, passive sampler, or data logger.

### **Ecological monitoring of** bioindicators

In-situ monitoring of pollution-specific bioindicators to assess the impact of pollution or management on ecosystems (Gibson et al., 2000; Zaghloul et al., 2020).

the available resources (e.g., time, personnel, etc.) are used in the most cost-effective and efficient way to obtain the necessary information. Having the right data will help inform decisions regarding the best course of action to manage or mitigate a pollution issue.

### œ Indigenous & local knowledge

Dynamic bodies of integrated, holistic, social and ecological knowledge, practices, and beliefs pertaining to the relationship of living beings, including people, with one another and with their environments. Indigenous and local knowledge is grounded in territory, is highly diverse, and is continuously evolving through the interaction of experiences, innovations and various types of knowledge (written, oral, visual, tacit, gendered, practical and scientific). Such knowledge can provide information, methods, theory, and practice for sustainable ecosystem management Burgos-Ayala et al., 2020; IPBES, 2017).

### Ĩ Quantitative modeling

The use of hydrodynamic, ecological, predictive, or statistical models to assess the extent and magnitude of a pollution problem; to clarify the dynamics of complex connections between the sources of pollution and the impacts on ecosystems; and to evaluate the efficacy of proposed management interventions or proposed developments.

# Remote sensing with satellite data

The use of satellite and airborne sensors to classify types of pollutants and their sources across large scales, based on their optical signature.

We have developed detailed factsheets about

each approach. Each approach sets out elements you need to consider to decide whether an approach is suitable to generate the information you need, based on the specific characteristics of the problem you aim to understand and the resources available to conduct an assessment. One or multiple approaches can be used based on your particular data needs.

A combination of these approaches can be integrated into a long-term monitoring and evaluation program (see Section 7.3). This is a permanent, long-term program that collects data



2.

# Information needs

## **Trade-offs** among different approaches

After going through this section, you should be able to identify the following:



The different approaches that could be implemented to collect the required data and information.



1.

The trade-offs between the various approaches with regards to the type of information generated and some additional requirements for acquiring it.



The project logistics and constraints in place that will influence the pollution assessment and monitoring approaches that could be implemented.



to monitor, assess, and track change. Typically, long-term monitoring programs are developed to track changes in a coastal or marine system and to assess compliance against national or international regulations, thresholds, or standards. Long-term monitoring programs should align with objectives and goals around ecosystem or human health.

### Factsheets to the pollution assessment approaches

To decide on the best approach or approaches to generate the information you need with the resources that are available, there are three main considerations that need to be evaluated:





**Project** logistics & constraints

In Section 10, we also go through some examples of how you would use different approaches in combination to collect the data



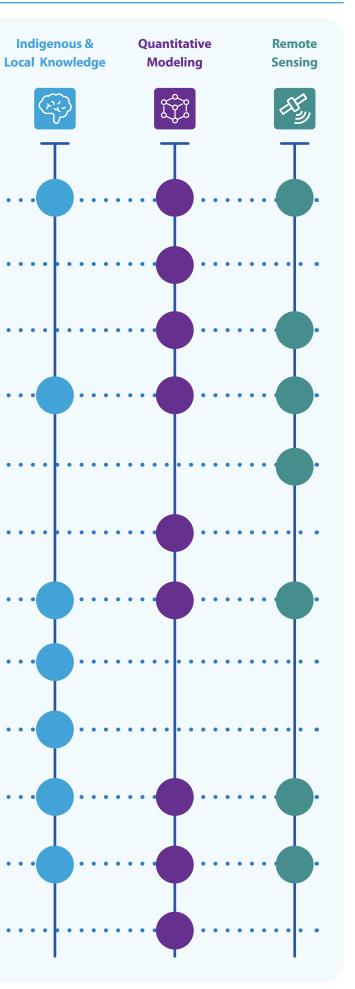
# **Ecological** Direct, Which approaches could be Abiotic Monitoring In-Situ used to collect the required • $\bigcirc$ $\subset$ data and information? Do you need to... Identify potential or specific polluting activities? Identify pollution loads reaching the coast? **Identify specific parameters** or pollutant types in the environment? Identify the spatial extent of pollution in coastal and marine environments? Determine if coastal and marine environments are meeting water quality standards? Identify the specific source(s) of a pollutant in the environment? Identify which areas are most polluted? Determine if there are species, ecosystem, or fisheries impacts? Determine if there are risks to human health, that could threaten recreational activities? Track historic changes in pollutant loads, sources, and ecosystem condition? Track changes in pollutant loads, sources, and ecosystem condition in response to changing land-use? Predict the fate of pollution and impacts on ecosystem condition in response to changing land-use?

**Biotic** 

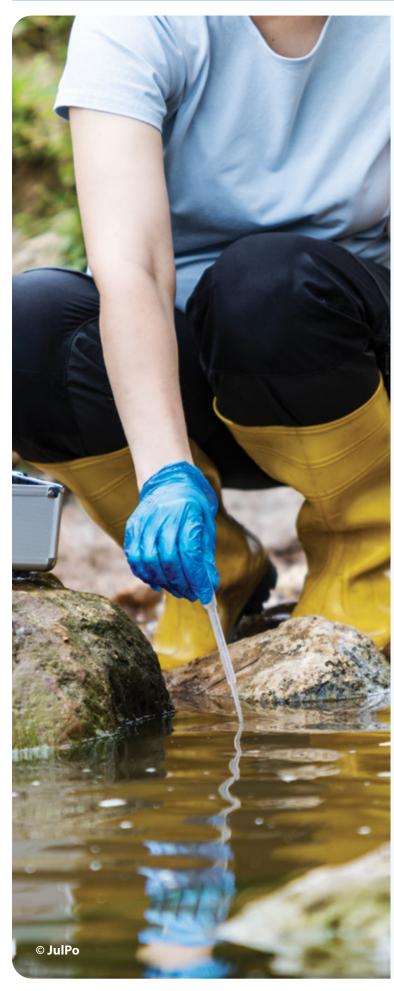
# **5.1 Information** needs

From your initial assessment (Section 3) and your goals, objectives, and target setting (Section 4), you should now know the type of information that you need to collect during a targeted scientific assessment or for monitoring and evaluation of management interventions. If there is not a direct recipient of the information being collected, you should engage the partners and communities identified in Section 3 first to build support for the project.

On the following page, we have identified several common questions that people often have regarding coastal pollution and provide guidance on the approaches that are most appropriate for answering them. It is not always necessary to undertake every approach that could be used to answer your question, so the information should be used to guide you on what types of approaches could be used.



### A GUIDELINES FOR POLLUTION ASSESSMENT & MONITORING OF COASTAL ECOSYSTEMS



# **5.2 Factors to consider** for each approach

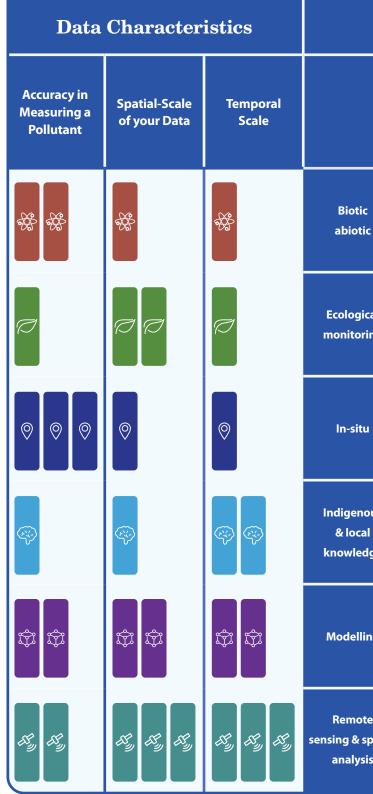
Based on the information outlined in Section 5.1, you can see that for most of the questions related to pollution assessment and monitoring, there are multiple approaches that you can use. The information in Table 2 should help guide you on the best approach or approaches to use, based on your information needs, the objectives you are trying to meet, the time-frames of the project, and the levels of funding you have available.

Depending on your context and your objectives, one approach might be more appropriate than another. For instance, some approaches are much more accurate in measuring pollutant concentrations, while other approaches allow for data to be collected in a cost-effective way across much greater spatial and temporal scales. We refer to these as your data characteristics.

For each approach, it's not only important to think about the characteristics of the data being collected, but you also need to consider some of the requirements for collecting data, such as the resource requirements for data collection, e.g., laboratory facilities, transportation, or sampling materials; the expertise required for data collection and analysis; and whether any specialized equipment is required. We refer to these as your data requirements. In Table 2 we go through a series of factors related to both data characteristics and data requirements that are important to consider for different approaches. We highlight how each approach compares against each other. For each approach, we are assuming the same level of financial resources are being put into data collection. For example, with remote sensing, one can access data over very large spatial scales and the cost of collecting remote sensing information at regional versus national scales is not that different. However, while it is possible to collect water samples across large spatial scales, scaling up from a regional to national scale for site-level work would require significant increases in the levels of funding.

### Table 2: How different approaches compare across various factors when cost & effort are the same

More symbols in the **data characteristics** columns means that an approach will give you more accurate measurements of a pollutant, or data, on a greater spatial or temporal scale. More symbols in the **data requirements** columns means that more resources, subject matter expertise, and/or specialized equipment are required for that approach.



	Data Requirements								
	Resource Requirements	Specialized Equipment Required	Subject Matter Expertise						
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# 5.3 Project logistics & constraints

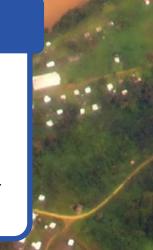
In any monitoring approach, there will be logistical constraints that will significantly influence your ability to successfully undertake a particular pollution assessment and monitoring approach. After evaluating different approaches that could provide the information required, and prior to a larger investment in developing the program, there are some key questions that should be considered in the design of your project or program. Considering these questions will help you identify the best way forward to implement your approach.

## **People involved**

- Who will lead the work and manage the project?
- What partners need to be involved?
- Are there opportunities to collaborate with external partners to support the work?

## **Project constraints**

- What is the available budget?
- What are the requirements of the funders of the work?
- What outputs are needed?
- What is the timeframe available for conducting the work?



- **Outputs & outcomes**
- Do you have the capacity to create communication and knowledge management products with the results?
- How will the outputs be used to drive action?
- Who is responsible for communicating the results?
- Who are the end-users of the information?

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## **Project logistics**

- Who will conduct the data collection?
- What are the personnel requirements and skills needed?
- What equipment is needed?
- How often does data need to be collected?
- How is data going to be retrieved and stored?
- Who will analyze, summarize and interpret the data?





# 6. Collection of in-situ information

Some of the most common queries about pollution assessment and monitoring are around collecting direct, in-situ measurements, observations, and samples. This section answers many of those common questions and provides guidance on: identifying relevant parameters to measure, depending on the type of pollution that needs to be measured, selecting methods to use to collect in-situ information, and developing the most appropriate sampling and experimental design.

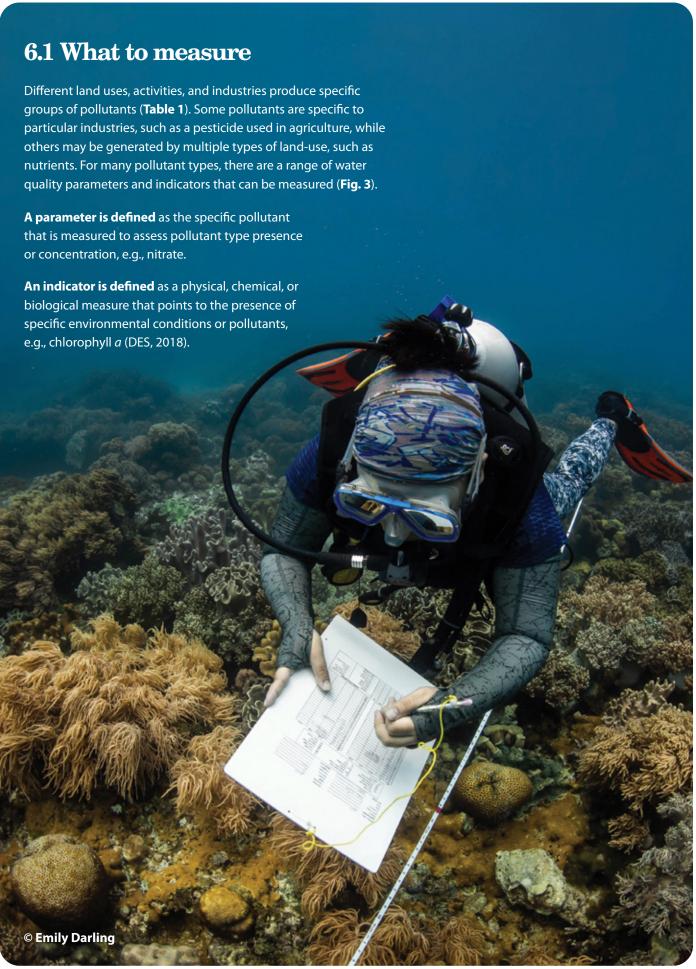
After going through this section, you should be able to identify the following:



A selection of the most appropriate parameters that could be measured to help answer your objectives/questions.



The methods available to you based on your objectives, moderated by logistic constraints & available resources.



### A GUIDELINES FOR POLLUTION ASSESSMENT & MONITORING OF COASTAL ECOSYSTEMS

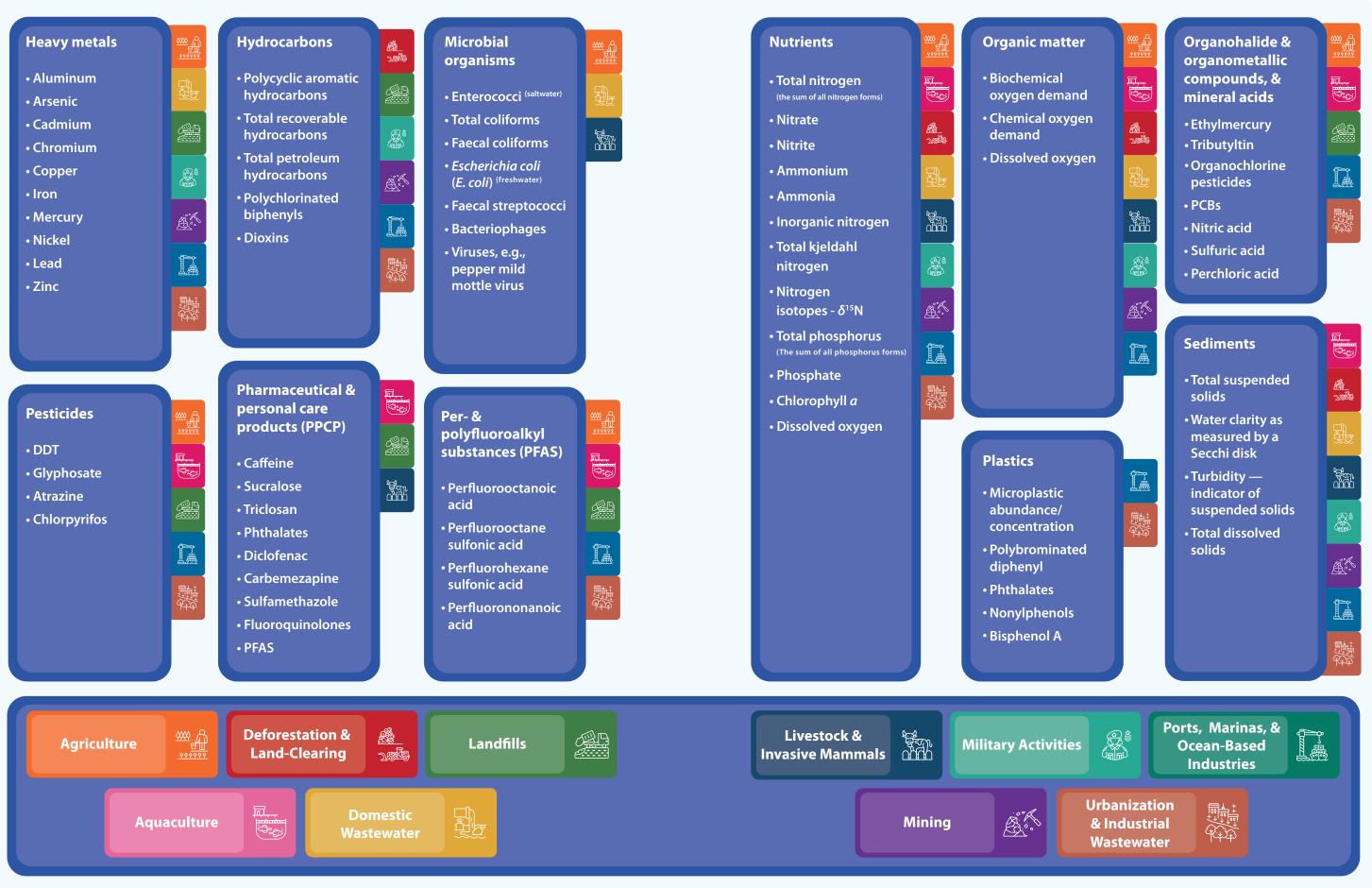


Fig. 3: Examples of common parameters and indicators that can be measured to assess different pollution types

### With all pollutants

Beyond the specific parameters of interest, it is important to record data on **temperature**, **pH**, and **salinity**, as this information will provide important context to your results. For example, salinity levels will give an indication of the type of waterbody you are working in, with levels from **0–5 indicative of a freshwater** environment, **5–30 indicative of a estuarine** environment (and typically highly variable given tide and salinity ranges), and greater than **30 indicative of estuarine waters merging into marine**, offshore waters.

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Specific advice on the best parameters to select is context-dependent and beyond the scope of this guide. However, this guide presents some of the broader considerations that can help you with decision-making around the best parameters to select.

## Do you need information on a specific parameter in the environment, or are you tracking one specific type of pollution?

Answer: Some parameters for particular pollutant types can be measured with many kinds of equipment, like water quality testing kits or data loggers, and can be more easily measured at laboratory facilities, without the need for specialized equipment. If you are more interested in categorizing a pollution type, e.g., nutrient pollution, rather than a specific parameter, e.g., ammonia, consider selecting a method that is less expensive, and logistically easier to use. However, this may also be influenced by the degree of certainty required and the concentration level. If you are trying to point towards a specific source (e.g., a golf course that uses a specific pesticide), then measuring a parameter that is a reliable indicator for a specific pollutant source makes more sense. If you do have information on the type of industry that is connected to the pollution issue, much of the preliminary information on pollution can be accessed through literature and can help with developing your monitoring to test for a specific pollutant.

## Do you need to identify the specific source of a pollutant type in the environment, which could have multiple sources?

**Answer:** Many pollutant types come from multiple sources, such as nutrient pollution from agricultural runoff or domestic wastewater (Table 1). If you are trying to identify the specific source, consider selecting a parameter unique to that source, such as a pharmaceutical or personal care product or a human-associated microbial organism to assess wastewater pollution, rather than a parameter with multiple sources like total nitrogen (See FAQs on how to do this).

# Does the country where you are working have water quality or wastewater discharge standards?

**Answer:** Many countries have water quality or wastewater discharge guidelines and/or standards that list limits for specific parameters. These parameters may not be the ones that have the clearest link to human and ecosystem health (Burkepile et al., 2019). However, it often makes sense to measure parameters that are listed in standards instead of or in addition to other parameters of interest so you can report on the state of pollution in relation to any policies or regulations in place.

# Do you need to determine if there are risks to coastal and marine ecosystems?

Answer: The known relationship between some pollutant parameters and their impacts on coastal ecosystems is much more well-established than for others. Therefore, selecting a parameter with a clear link to ecosystem health will provide more information on risks to ecosystems from pollution (Burkepile et al., 2019). However, establishing a clear relationship between pollution and the impact on the ecosystem can be difficult and may require long-term monitoring using multiple approaches, including ecological monitoring of bioindicators, and selection of sites including both non-impacted and impacted areas.

# Do you need to determine if there are risks to human health?

Answer: There are guidelines for human health when it comes to recreational bathing or consumption of seafood. Therefore, if you want to understand if there are any risks to human health due to pollution, you need to select a parameter that has known human health consequences or is a proxy for human health and is listed in human health guidelines (see **Question 4** in **Section 10**). Consider also assessing bioaccumulation of pollutant types of concern for human health in common fishery species (see **Factsheets on Approaches to Assessing and Monitoring Coastal Pollution**).

# What are the conditions under which you are collecting samples?

**Answer:** If you need to ship samples, carry them on planes, or are far from a laboratory, you need to think about any chemicals involved in sample preservation, holding times in between collection and analysis, whether the sample needs to be kept cold or frozen, and whether it requires specialized equipment for analysis (see Section 6.2 for more information).



# 6.2 How to measure pollutants

Once you have narrowed down your list of parameters that you might want to measure, you need to think about how you are going to measure them. There are many ways to collect water quality information. These can range from the very simple activity of taking a water sample for analysis at a monthly frequency to complex, automated collection of data by deployed equipment. We have broken down the different methods for direct, in-situ water quality measurements, observations, and samples into six broad categories:

## Manual water sampling for laboratory analysis

Collection of a water sample by a person, for its analysis in laboratories.

## 2 Automated water sampling for laboratory analysis

Automatic collection of samples by deployed equipment, where the water samples are retrieved and analyzed in a laboratory.

## 3 Automated measurements with a data logger/sensor

The measurement and recording of pollutants over time, through the use of sensors that are deployed.

### 4 Passive sampling

Collection of pollutants through the deployment of a material in water or sediments that accumulates organic compounds for a defined period of time, followed by retrieval and analysis in a laboratory.

## 5 Manual water sampling and analysis with a water quality testing kit

Collection of a water sample by a person, for its on-site analysis with a water quality testing kit.

## 6 Manual measurements with a handheld analog or digital instrument

The one-off measurement of pollutants, through the use of handheld sensors.

We have compiled detailed information about each method with the different elements you need to consider to decide whether a particular method is suitable to generate the information you need, based on the specific characteristics of the problem you aim to understand and the resources available to conduct an assessment.

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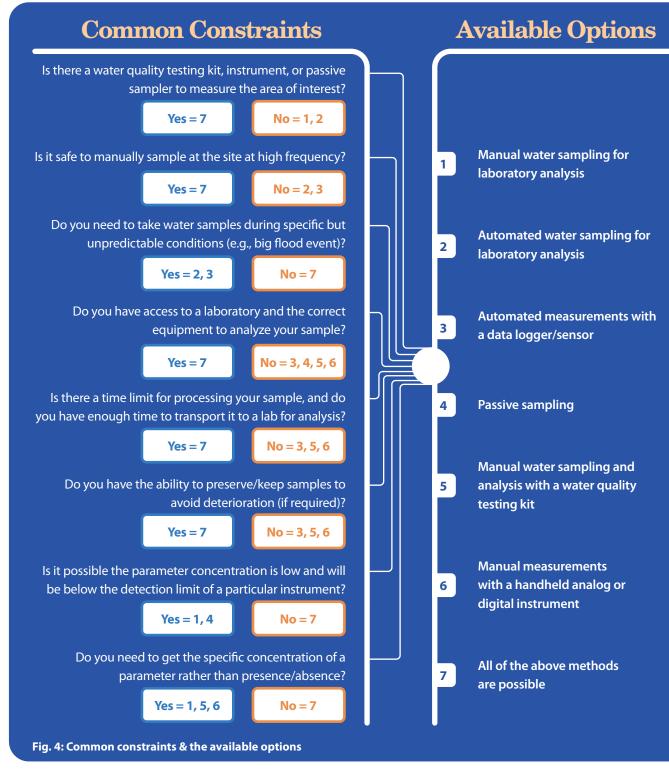
It is important to highlight that multiple methods can be used based on your particular data needs.

Technical information on methods for direct, in-situ water quality measurements, observations, and samples.



The selection of the method/s to collect data are dictated by information needs and logistic constraints. Often, decision-making is more related to budget constraints or longer-term goals. As described in more detail in the factsheets, the different methods to collect in-situ information all have their pros and cons, and it will be up to you to ultimately decide on what factors are most important.

However, there are some constraints that make certain methods impossible for different contexts. We highlight the most common constraints and provide guidance on available options you could use in these instances (Fig. 4).



# What next?

Once you have a better understanding of the methods different methods. For each method, we are assuming the that are available to you, there will be additional factors same level of financial resources are being put into data to consider, which will help you select the best method. collection. For example, each water sample collected for When making your selection, you should think about your laboratory analysis must be paid for, so more frequent information needs, the objectives you are trying to meet, collection incurs a greater cost than taking measurements the time-frames of the project, and the levels of funding with a handheld instrument, where there is not a cost you have available. associated with each measurement.

In Table 3, we go through a series of factors related to the characteristics of the data you can collect with

# Table 3: Different factors to consider for each in-situ data collection method More symbols mean that a method can measure more pollution parameters, will give you more accurate measurements of a pollutant, or allow for data collection on a greater spatial or temporal scale. Accuracy in **Spatial Temporal** Measuring a Scale Scale Pollutant

	No. of Pollution Parameters Able to be Measured		
Manual water sampling for laboratory analysis			
2 Automated water sampling for laboratory analysis			
Automated measurements with a data logger/sensor			
4 Passive sampling			
Manual water sampling and analysis with a water quality testing kit			
Manual measurements with a handheld analog or digital instrument			

# 7. Site selection & sampling frequency

# 7.1 Selection of sampling sites

The selection of appropriate sampling sites is an important component of pollution assessment and monitoring because you need to make sure that you are sampling in areas that allow you to meet your objectives\*. For instance, if you are trying to understand how tourism impacts pollution, you need to sample in areas where there is tourism activity as well as in areas without tourism, or with much lower levels. Your initial assessment (Section 3) plays a key role in deciding on

sampling sites, because it should provide information, such as:

- Sources of pollution, such as the location of urban areas or polluting activities.
- The location of streams and rivers, and in some cases locations of groundwater seeps.
- Hydrodynamic (i.e., currents, waves, and mixing) conditions in coastal environments.

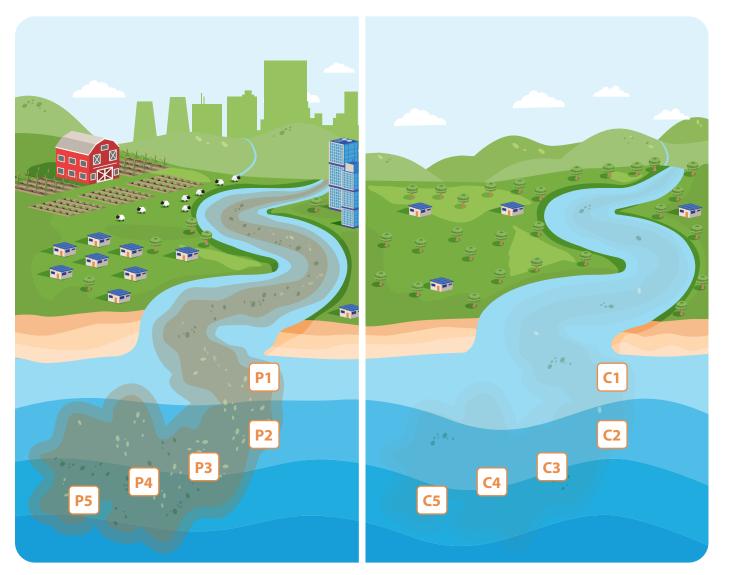


Fig. 5: Example of sampling from inshore to offshore at a polluted & control site

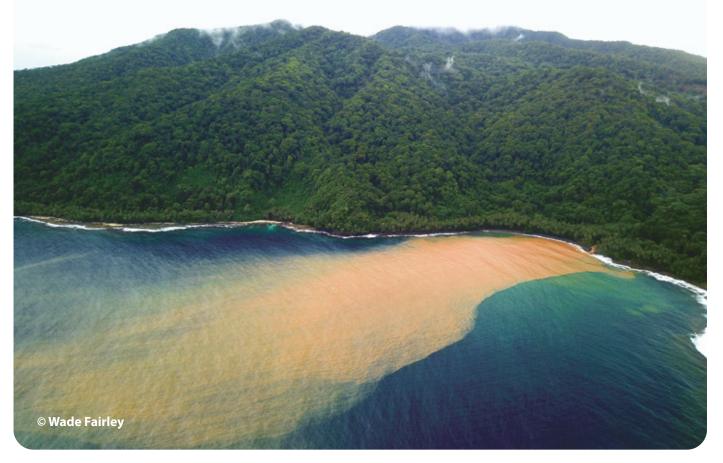
\*

If water samples are going to be collected for compliance purposes, please refer to the conditions specified by environmental authorities of the area of interest.

Optimally, monitoring should be implemented across a series of sites arranged along a gradient extending from the pollution source, following the path of pollutant transport and dispersal (Fig. 5). Sampling in this way can identify both the presence of pollutants and their spatial distribution.

When selecting control sites for your study, it

is crucial to ensure that these sites differ from the impacted sites only in terms of the specific impact you intend to monitor. For example, if the focus is on assessing the impact of pollution, your control sites should be similar to the impacted sites in all aspects except for the level of pollution and/or the presence of the activity that generates the pollution. This principle holds true across various environmental gradients, such as inshore to offshore. Therefore, inshore sites affected by pollution should be compared with inshore sites experiencing less or no pollution (Fig. 5). Similarly, offshore sites in areas impacted by pollution should



be juxtaposed with offshore sites in cleaner areas. This is because water quality and ecosystem condition will vary naturally across inshore to offshore gradients. Carefully selected control sites play a pivotal role in isolating the effects of pollution from natural environmental variability, thereby ensuring the validity and reliability of your study's findings.

Additional considerations when selecting sampling sites:

- Fixed sampling sites allow for consistent repetition and comparison over time.
- They should be located in areas safe to access and accessible under most weather conditions.
- The distance between sites will be determined by the level of mixing conditions. In areas that are well-mixed, sampling sites can be more separated from each other.

Transporting equipment, personnel, and samples are important elements for a successful sampling plan. These elements need to be taken into account when selecting a sampling site.

Permits and approvals may be required to access certain areas such as protected areas or private property. Remote locations and difficult terrain may require special considerations regarding transport, safety, and appropriate equipment.

## 7.2 Frequency of measurements

Water sampling frequency is determined by the type of information you need, the nature and specific attributes of the water body, and the variability of parameters of interest in time and space (The ASEAN Secretariat, 2008). Infrequent data collection can result in a poor representation of water quality changes and patterns in a given system, leading to potentially inaccurate reporting and management. There are statistical methods, such as a power analysis, which can be used to design a statistically-robust pollution assessment and monitoring program (Harcum & Dressing, 2015; Spooner et al., 2011).

### Here, we highlight several factors to consider and rules of thumb regarding sampling frequency

- If your system has distinct types of variability, e.g., a rainy season, particular wind patterns, or large tidal fluctuations, you need to sample across all kinds of conditions to be able to assess natural variability, whether human activities are changing this variability, or if your system is exceeding water quality standards.
- 2. Monthly sampling is considered appropriate for characterizing a water body over a long period of time, but to detect finer variations, weekly sampling would be better.
- 3. If you have a distinct wet and dry season, try to sample as close as possible to the first flush (i.e., right after the first large rainfall event), with repeated sampling during flooding events and throughout the wet season.
- 4. If you are monitoring a pollution event, e.g., algal blooms, oil spills, unsafe levels of a pollutant due to storms or flooding, you will need to monitor daily to a few times a week to track it.
- 5. To reduce the risk of Type II errors (i.e., false negatives), sample size needs to be increased as much as possible and sampling should be as frequent as possible.. The more variability in your system, the more samples you have to take. While there is no minimum or maximum number of samples that should be taken, statisticians will often use 30 as the number of samples that can show variability correctly in the dataset. This is the minimum number of standards used in the US to establish a baseline for regulatory purposes.

- 6. Opt for collecting information on fewer parameters if it means you can take more samples of one parameter.
- If there are established, or internationally recognized sampling protocols for your question or concern, follow the guidance in those protocols on frequency (see Question 4 in Section 10 for some examples).
- Adherence to regulatory standards is crucial for compliance and environmental management. The selected sampling frequency must align with regulatory guidelines to ensure the data's validity and acceptance.
- **9.** If you are monitoring multiple sites, you need to sample at similar conditions (e.g., high tide) to avoid errors due to system variability.
- 10. If you have limited resources but need to establish a baseline, consider undertaking a rapid assessment method with more frequent analysis over a very short time frame (e.g., a month) and repeated in the wet and dry season.



# 7.3 Long-term monitoring & evaluation

When tracking progress towards management objectives and targets or monitoring development activities to ensure compliance with regulations, it is important to implement a long-term **monitoring and evaluation (M&E) program**, which will influence the type of approaches and methods you select, as well as the frequency of sampling.

Long-term M&E is essential for assessing and responding to environmental changes from management or development, and a crucial

### **Factors for success**

- Clear program objectives and targets and a design aligned with original goals (see Sections 4-7).
- Sustained funding to support long-term, systematic monitoring, data hubs, and data interface systems.
- Ability to collect long-term data in systems with multiple pressures.
- Sampling, field logistics, and personnel are in place to continue a long-term monitoring program.
- Ability to statistically analyze long-term data.
- Ability to track changes, trends, and variability with confidence.
- Multiple levels of engagement across many partners, communities, and other stakeholders.
- Agreement between relevant parties to respond to the outcomes of the monitoring and evaluation.
- Monitoring programs linked to policy implementation.

### **External resources with more information**

- Reichelt-Brushett, 2023
- Sukhotin & Berger, 2013

component of adaptive management of coastal and marine systems (Australian Government Initiative, n.d.a). Effective long-term monitoring involves data collection before, during, and after project implementation or development, while evaluation systematically assesses intervention design, implementation, and outcomes for learning and accountability. A well implemented M&E program can assess whether policy implementation has been successful and can identify factors that led to successful or unsuccessful implementation.



# 8. Quality control & data management

# 8.1 Sample quality assurance & quality control

Quality assurance and quality control (QA/QC) are a very important part of pollution assessment and monitoring because there are a lot of steps from sampling to analysis where error can be introduced. The specific quality control measures will depend on the equipment being used and the parameter being measured, but we highlight below some elements you need to consider along the way.

### **Before sampling**

- Make sure you know the specific sampling protocols needed for each parameter being measured.
- If sending samples to a laboratory, ensure you are collecting and preserving the samples in accordance with the laboratory's protocols.
- If using a testing kit or digital instrument, make sure you are following the manufacturer's protocols.
- Double-check that your instrument or water quality testing kit can be used in the salinity conditions of your water body.
- Double-check that the unit of measurement is the correct one for your needs and compatible with existing monitoring programs in your area, if relevant.
- If collaborating with other agencies for water quality monitoring, make sure procedures for data collection are compatible with yours.
- If you need to capture a specific event, i.e., the first flush of the wet season, make sure all of your sampling equipment and field logistics are in place in advance, so that you can mobilize quickly.

- Make sure that collection of data is consistent throughout the duration of the project or program to ensure compatibility.
- If you need to transport samples to a laboratory, make sure you are able to maintain proper storage conditions (e.g., keeping them frozen) the entire way.
- If flying with samples or if they need to be shipped, double check with the airline and the shipping company that you can ship specific preservatives and have the appropriate customs forms checked and completed. Many countries have strict guidelines for import and export of water and sediment samples that need to be checked prior to any movement of samples.
- Ensure you have calibrated your water quality testing kit or instruments according to manufacturers' protocol, especially if you have not used it in awhile. (see Question 6 in Section 11).
- If you are sending samples to a laboratory, double check their QA/QC protocols and ensure that their analytical instruments have been properly calibrated. This can be done through checking laboratory records.
- If you are using a water quality testing kit, make sure you have enough reagents for the samples you are collecting, that you are storing reagents correctly, and that they are within their use-by date.

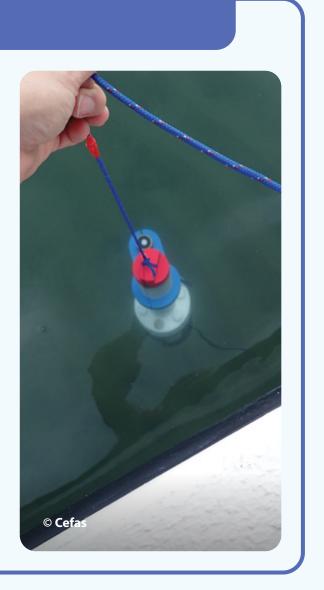
### Things to check

- Do samples need to be collected in specific containers (e.g., dark bottles)?
  Do the sampling containers need a specific type of preparation (e.g., acid-washed)?
  What volumes are required?
  Do they require a specific way of sampling
- (e.g., minimizing exposure to air)?
- Do samples need to be filtered?

### **During sampling**

- Ensure you have a field safety plan.
- Bring blank samples with you as a way to check if contamination of water samples occurs throughout the sampling process and during transport.
- Bring the protocol requirements for every parameter with you.
- Ensure you have all of the sampling equipment you need, including preservatives.
- Label sample jars with a unique identifier before sample collection.
- Wear gloves to avoid contaminating water samples.
- Refrain from eating, smoking, or having a boat engine running while working with water samples. Exhaust gases and cigarette smoke can contaminate samples.
- Ensure samples are securely fastened and consider wrapping lids with parafilm to avoid loss or contamination.
- Collect replicate samples for each parameter at each sampling location/depth.
- For instruments, values should be recorded 3 times at each location/depth.

- Do samples need a preservative?
- Do samples need to be kept at a specific temperature during transport and storage?
- What are the holding times for samples?
- Is all of your equipment properly calibrated?
- Are all of your reagents within their use-by date?



### Sample Processing & Analysis

- Follow the Standard Operational Procedure (SOP) for sampling and analysis. If no SOP exists, ensure compliance with the actions listed below.
- Follow safety procedures at every step, including field and laboratory. Be safe at all times, and carefully consider the safety of yourself and the sampling team prior to any sample processing and analysis.
- Document all weather conditions, survey staff, and vessel information.
- Document sample collection information on both paper and electronic forms.
- Ensure that you associate a unique id with each individual sample that can be tracked through sample processing and analysis.
- Ensure that samples collected in the field are stored correctly, such as freezing samples immediately after field processing if freezing is required.
- Once samples are returned to the lab, check that all field samples and unique ids are matched with the sample sheet.
- Check latitudes and longitudes recorded against each sample.
- Ensure that sites with multiple samples are matched in both field log sheets and electronic data records.
- Check with laboratory staff that the field notes, survey sheets, geographical information, and sample numbers are correct, understood, and checked by both the field staff and laboratory staff.
- Store samples as required, or initiate laboratory analysis procedures if samples are to be analyzed immediately.



# 8.2 Documentation standards & data management

It is important to have written procedures for all activities related to the collection, processing, analysis, reporting, and tracking of water quality data. This documentation should be available to field and laboratory personnel.

For the best quality data, documentation of field and laboratory activities should follow these guidelines:

•

- Data should be documented directly, promptly, and legibly.
- Enter in "long-form" rather than "wide-form" as this will make data analysis much easier (The Data School, 2022).
- All reported data must be uniquely traceable to the raw data through sample identification numbers that are on each sample as labels, and recorded in the field and laboratory log books.
- Field notes should be reviewed as soon as possible to ensure they are clear and complete, and make any necessary corrections. Then, they should be scanned, and data entered into a digital database with a copy of the file in a different location.
- All data reduction formulas (such as dilutions) must be documented and include the initials of the data collector.

### All original data records should include, as appropriate

A description of the data collected (e.g., parameters, value, unit of measurement).	N C
The sampling depth.	C
Units of measurement, unique sample identification (ID).	F ir
Site ID and description.	C
Auxiliary data (e.g., weather conditions, wind speed).	N n
Name of the person collecting the data.	re

The process of documentation must be clearly stated, including standards and guidelines to stick to for management of metadata and appropriate data storage.

Use standardized terms, units, and classifications.

Incorrect data should be removed from the dataset before use, especially if intended to be used for regulatory purposes.

Ensure that data correction is based on appropriate procedures, is justifiable, and that original values are retained somewhere.

It is essential to store all collected data in multiple locations for redundancy and safety. At a minimum, data should be backed up in a secure cloud storage service in addition to local storage solutions.

Name of the organization(s) conducting sample collection and analysis.

Date and time of data collection.

iltration, preservation, and storage information, ncluding volume of sample.

Date and location of sample processing.

Aethod used to process samples, including the nake and model of the equipment used and eagents used.

# 9. Analysis & communication of data

Once all of the pollution data in your area of interest is collected, it will need to be analyzed, interpreted, and communicated to relevant project partners, community members, and other stakeholders. Information users need to be fully informed about the scope and results of the project or program and how the findings can be used for decision-making on how best to manage coastal pollution.

### Analysis

In the analysis step, the data available are analyzed to look for trends and hotspots that can indicate water quality problems. Then, the information needs to be interpreted given the specific conditions of the place. For instance - given local knowledge of the place, what and other stakeholders that will decide or influence are likely sources of impairment? Was the timing or place of the sample the reason that values are high or low? How do the values compare with local or government standards?

### Communication

After there is some consensus about what the data are showing, communicating this interpretation involves creating the graphics, maps, and language that are tailored to the project partners, community members, management options and/or behavior change.



# 9.1 Techniques for analysis — Is there a spatial trend? a time-based trend?

One notable challenge in analyzing water quality data is the inherent complexity of it, where multiple sources can simultaneously influence the pattern of water quality concentrations. Additionally, the range of natural variability can obscure or conflate the data, making it challenging to distinguish anthropogenic impacts from natural variability.

The first steps of analysis are to calculate descriptive/ summary statistics and to visualize the data. It can be hard to see patterns or anomalies in your data by looking at a spreadsheet. Common descriptive statistics include proportions, means, medians, totals, variance, standard deviations, and standard errors.

### **Information Needed**



**Temporal variation of** a pollutant



**Spatial variation of** a pollutant



is pollutant exceeding standards at site

Descriptive statistics can be calculated in different ways, depending on the information you need. For example:

- If you want preliminary information on the temporal variation of a pollutant, calculate the mean and variance of a pollutant at each time interval.
- If you want preliminary information on the spatial variation of a pollutant, calculate the mean and variance of a pollutant at a sampling site.
- If you want preliminary information on whether a pollutant is exceeding water quality standards at different sites, calculate the proportion of samples that were above the standard.

### What to Calculate



Mean and variance of a pollutant at each time interval

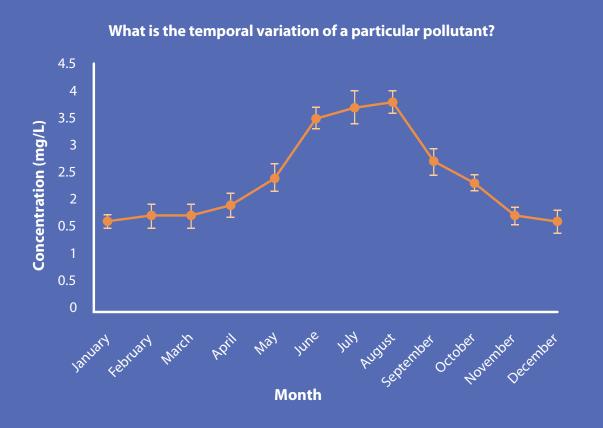


Mean and variance of a pollutant at sampling site

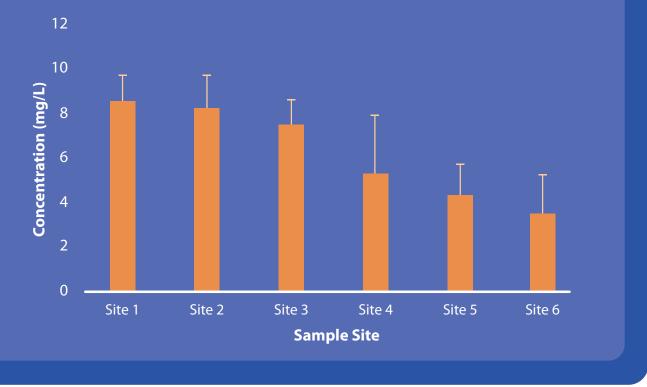


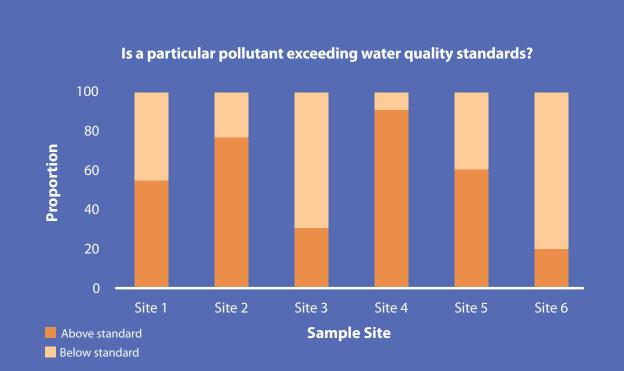
**Proportion of** samples that were above the standard

# Here are some common ways to visualize this water quality data



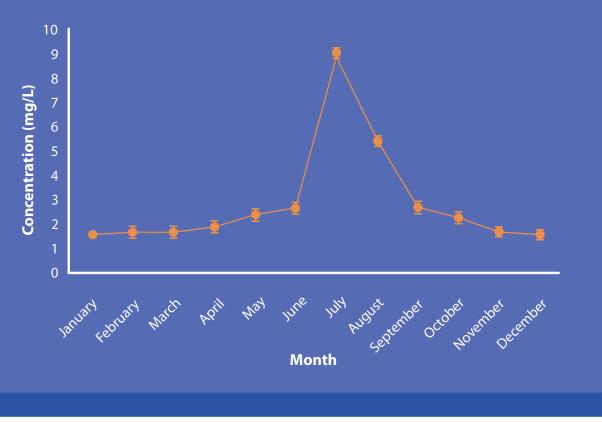
What is the spatial variation of a particular pollutant?





Data visualization can also be a very good way to identify anomalies that indicate a change in the system that you maybe didn't observe initially. For instance, in the below graph, there is a big spike in the concentration of the pollutant of concern. Further investigation could reveal that there was a major rainfall event just prior to the spike in the

\* in sh



concentration, which suggests that it may be driving the observed change in the data \*.

"If you cannot find an explanation for anomalies in your data, go back to the original data sheets to double check that all values were entered correctly. Although descriptive statistics and data visualization are an important preliminary tool for investigation and can be a good way to communicate complex information to project partners, community members, and other stakeholders, oftentimes, more advanced statistical analysis are essential for distinguishing anthropogenic impacts from background fluctuations and quantifying the significance of observed patterns.

Statistical tests can be used to determine whether a **predictor variable**, such as landuse, distance from pollutant source, or a management intervention, has a statistically significant relationship with an **outcome variable**, like pollutant concentration or bioindicator prevalence or to estimate the difference between two or more groups.

### **Statistical significance**

The observed data or differences among data are not the result of chance and can be attributed to a specific cause.

 For example, there was a statistically significant difference between rainfall and pollutant concentrations, indicating that more rainfall led to greater concentrations of the pollutant.

Defining what types of analysis you want to perform or the types of evaluation you are interested in needs to be done prior to collecting any information, so that you can design an appropriate project or program that will yield the required data.

There are a wide variety of resources available to help you identify which statistical test is right for you (Australian Government Initiative b-e, n.d.; Meals & Dressing, 2005; Scribbr, n.d.).



# 9.2 Communication

Communicating the results of your project or program to project partners, community members, and other stakeholders is arguably the most important part of the work. It requires careful consideration to ensure clarity and understanding. Below, we share some general tips on what to consider as you begin to design your communication plan.



# Understand your audience & tailor communication

Think about the background and motivations of your four groups identified in **Section 3** and tailor your communication to match their level of knowledge and interest.



### Keep messages clear & simple

- Use plain language and avoid technical jargon. When you need to use it, define any technical terms or acronyms.
- Clearly articulate main messages and key takeaways.
- Practice your presentation with colleagues or individuals unfamiliar with the subject to make sure it is clear.



### Utilize visual aids & compelling storytelling

- Incorporate visual aids like graphs and charts to support clear communication. The initial data visualization discussed in **Section 9.1** could be used, if the story is clear.
- Frame data within a compelling narrative using real-world examples.



### Use multiple formats & provide context

- Present information in various formats (text, visuals, verbal).
- Explain the relevance of data in the broader context, connecting findings to potential impacts on project partners, community members, and other stakeholders.



### Share resources & follow up

- Provide supplementary materials, references, or links for interested parties who want to delve deeper into the data.
- Ensure accessibility to additional resources for further understanding.
- After the initial communication, follow up with project partners, community members, and other stakeholders to address any lingering questions.
- Offer ongoing support for understanding and interpretation.



### Prioritize information & foster dialogue

- Highlight the most important information first and present data logically.
- Encourage questions and discussions to maintain an open dialogue.



### Stay transparent

- Acknowledge uncertainties and limitations in the data.
- Be honest about what is known and what is still being researched.

There are a lot of great examples of the different approaches used by existing water quality monitoring programs and many use multiple styles:

- DES, 2020
- Heileman UNEP/CEP et al., 2019.
- Save the Sound, n.d.
- Seqwater, n.d

# 10. Examples of common questions & approaches

## Q1. Are there banned substances present?

### Approach to use

Direct, in-situ water quality measurements, observations, and samples.



### Methods to use

Passive sampling and manual water sampling for laboratory analysis.

### **Experimental design considerations**

### **Considerations for sampling & analysis**

- Sampling should occur for at least one year to capture seasonal variations (but would typically need to be more frequent).
- Passive samplers have a range of days to months, so frequency of sampling is dependent on the specific passive sampler used.
- Manual water sampling should happen in routine intervals over the course of the year.
- Assessment against predetermined thresholds may need longer term and sustained collection of data.
- A cost effective approach may be to deploy one passive sampler in combination with in-situ samples.
- However, the best practice approach (dependent on funding) would be a multi-year program, in-situ sampling alongside passive samplers deployed over the same period.
- Multiple data points would provide higher data resolution, and multiple samples across time would provide increased confidence in assessing banned substances.

- Water and sediment sample analysis will be dependent on the type of banned substance.
- Unknown substances may need a suite of environmental chemical analysis.
- Data from passive samplers and manual water sampling should be assessed against thresholds, either national (if known) or internationally accepted thresholds and/or guidelines.
- Longer term data would allow you to track compliance with accepted water quality standards.

### **Additional resources**

- Nicolaus et al., 2016
- Smith et al., 2012
- Warne et al., 2023

## Q2. Is the water body meeting water quality standards for ecosystem health?\*

### **Approaches to use**

Direct, in-situ water quality measurements, observations, and samples; remote sensing and spatial analysis; ecological monitoring of bioindicators.

### Direct, in-situ methods to use

Manual water sampling for laboratory analysis.; manual water sampling and analysis with a water quality testing kit; manual measurements with a handheld analog or digital instrument, automated measurements with a data logger/sensor.

### **Experimental design considerations**

- Number of sites will be dependent on the variability within the waterbody. An offshore area with stable water quality may only need 1 site whereas a large intertidal estuarine system will need 3 to 4 sites to cover variability over the salinity range.
- Depending on the pollutant of interest, monthly manual water sampling can be supported with automated measurements with data loggers or manual sampling and analysis with a water quality testing kit.
- Digital instruments and water quality testing kits will need to be properly calibrated and validated to ensure they are accurately reporting pollution concentrations (see Question 6 in Section 11).
- If the pollutant has a spectral signature that can be quantified using remote sensing with satellite imagery, then remote sensing over a larger area can support discrete, in-situ measurements.
- Ecological monitoring of bioindicators at exposed and control sites will provide information on ecosystem impacts, which can indicate that water quality is impacting ecosystem health.
- A cost effective approach may have limited manual • sampling coupled with automated sampling with deployed data loggers.
- A best practice approach (dependent on funding) would include a multi-year program, in-situ measurements, and remote sensing with satellite imagery.



\* You can use a similar approach to understand the natural variability of water pollution in time and space, which is a precursor to setting water quality standards for ecosystem health.

- Monitoring of bioindicators should occur ideally twice a year during different seasons, but could be once a year to be cost-effective.
- Multiple data points would provide higher data collection, but care needs to be taken on the integration and data analysis of multiple different data sources.

### **Considerations for sampling & analysis**

- Typically, water quality standards are set for seasonal or annual statistical measurements (e.g., means, median or percentiles). However, a reporting period may range from 5–10 years.
- Data must be routinely collected, analyzed, and
- assessed according to the requirements of the water quality standards.

### Additional resources

- Bean et al., 2017
- Devlin & Haigh, 2020
- Great Barrier Reef Marine Park Authority, 2023

## Q3. Is the source of fecal contamination animal or human?

### **Approaches to use**

Direct, in-situ water quality measurements, observations, and samples; biotic and abiotic sampling for further assessments.



### Direct, in-situ methods to use

Manual water sampling for laboratory analysis.

**Biotic & abiotic sampling method to use** 

Stable isotope analysis.

### **Experimental design considerations**

- Sample directly from potential effluent if it is visible.
- Sample from pollution source outwards (see Fig. 5).
- The number of sites and frequency of sampling will be defined by the extent of the fecal contamination problems. For example, a small number of septic systems discharging into coastal waters will require more frequent sampling to ensure detection than if the source is a large sewage treatment plant with a regularly discharging outfall.

### **Considerations for sampling & analysis**

- A best practice approach to confirm whether fecal pollution is human in origin is to undertake microbial source tracking through genetic analyses. This could be conducted on a water sample collected during manual water sampling. This can be expensive.
- A cost-effective approach would be to take water samples for human-specific pharmaceutical or personal care products, such as caffeine, which would indicate the presence of domestic wastewater.
- Nitrogen stable isotope analysis of <sup>15</sup>N:<sup>14</sup>N (denoted as  $\delta^{15}$ N)in macroalgae can provide information if there is nitrogen sourced from domestic wastewater (see factsheet on Approaches for Assessing and Monitoring Pollution).

### **Additional resources**

- Dafouz et al., 2018
- Gourmelon et al., 2021
- Meals et al., 2013a
- Minh et al., 2020
- Sauvé et al., 2012
- Symonds et al., 2018

# Q4. Is the water safe for aquaculture, fishing, or recreational activities? Approaches to use Direct, in-situ water quality measurements, observations, and samples; $\bigcirc$ Biotic and abiotic sampling for further assessments.

### Direct, in-situ methods to use

Manual water sampling for laboratory analysis; passive sampling.

### Abiotic & biotic sampling method to us

Bioaccumulation of pollutants; histological assessments; stable isotope analysis.

### **Experimental design considerations**

- Unlike the previous questions in this section, many places have monitoring protocols in place to assess human health risks from polluted water, including what should be measured, the frequency of measurements, and how to designate an area as safe. There are also international guidelines on how to assess human health risks from polluted water.
- If your monitoring data is being used to create health advisories, ensure you are following international best practice for conducting human health risk assessments.(see below for some examples).
- In general, if conducting event sampling (e.g., a spill or harmful algal bloom), sampling daily to multiple times a week is recommended.
- Routine, weekly sampling of recreational beaches • is advised.

### **Considerations for sampling & analysis**

- Passive samplers could be used to detect contaminants (See Question 1).
- Histological assessments on organisms can indicate if • there are impacts to fishery and aquaculture species.
- Assessing bioaccumulation of contaminants can • indicate if an organism is safe for consumption.

### **Additional resources**

• Environment Protection Authority Victoria, 2023 Schmitt et al., 1999 U.S. EPA, 2019 • U.S. Food and Drug Administration, 2019 WHO, 2010 WHO, 2021

# Q5. Have management interventions changed pollution loads and dispersal?

### Approaches to use

Direct, in-situ water quality measurements, observations, and samples; remote sensing and spatial analysis; and quantitative modeling.



### Direct, in-situ methods to use

Manual water sampling for laboratory analysis; manual water sampling and analysis with a water quality testing kit; imanual measurements with a handheld analog or digital instrument; automated measurements with a data logger/sensor.

### **Experimental design considerations**

- Requires an integrated watershed to coast (ridge to reef) program where information on land-use and agricultural interventions are monitored via modelling or remote sensing and spatial analysis and are then connected to load monitoring and downstream coastal systems.
- In-situ sampling requires sites within watersheds, associated with variable land-use, sites within river systems to monitor riverine pollutant loads, and sites in the coastal system to monitor pollution dispersal.
- The use of automated data loggers to measure pollution parameters and flow will significantly improve pollution load estimates (Meals et al., 2013b).
- Remotely sensed satellite data can provide critical, long-term information on land use change and pollutant extent in the marine environment (plume mapping).
- Quantitative models can estimate changes in pollution loads and dispersal with land-use change and the implementation of management interventions.
- A cost effective approach would be to conduct a preliminary assessment of water quality with insitu sampling to understand the variability in the system, which can inform the minimum number of samples required to test for long-term change.

- Modelling pollutant loads reaching the coast and their dispersion into the environment can provide information on relative change. Small-scale, but more frequent sampling of key variables can significantly improve model accuracy (Hutley et al., 2020).
- A best practice approach (dependent on funding) would be a multi-year program, with a mix of a watershed-to-coast, in-situ data collection, remote sensing using satellite data, and quantitative models to assess and report on the impact of management interventions.



### **Considerations for sampling & analysis**

- Monitoring of land-use change can be assessed through the tracking of positive interventions and the percent of best management practices in place within a particular industry (e.g., sugarcane farming).
- River monitoring and pollutant load assessment can be reported as annual means, accounting for seasonal variability.
- Coastal water quality health can be assessed through a series of indicators (annual means, seasonal means) against a pre-established threshold.
- Plume mapping and modelling of pollutant load estimates and dispersion can be reported as annual % area exposed to specific conditions or concentrations.



### **Additional resources**

- DES, 2023
- Great Barrier Reef Marine Park Authority, 2023
- Meals et al., 2014
- Meals & Dressing, 2008
- OSPAR Commission, n.d.

# **11. Frequently asked questions**

### How many different parameters should I measure?

Answer: This will depend on what your objective is and if you need to quantify specific pollutants. As a general rule though, when selecting parameters to measure, opt for fewer parameters and more samples per parameter.

## How can I identify the difference between agricultural pollution and domestic wastewater pollution?

Answer: If both agricultural pollution and wastewater pollution are likely to be present, there are a few options available. The first option would be to collect water samples and test for wastewater or agricultural pollution specific indicators such as caffeine or a pesticide that is in use in the area, which can indicate which of the respective sources are reaching the area of interest. Second, collecting samples of an organism, such as macroalgae, and conducting nitrogen stable isotope analysis can be used to infer the likely contribution of each source, because wastewater pollution and agricultural pollution have different ratios of  ${}^{15}N$ :  ${}^{14}N$  (denoted as  $\delta^{15}N$ ) (DES, 2018; Duprey et al., 2019; Risk et al., 2009). Third, water samples or sediment samples could be collected for microbial source tracking- a genetic analytical technique that can differentiate between fecal waste from humans and fecal waste from mammals (Gourmelon et al., 2021). If human fecal matter is present, it indicates that wastewater pollution is present. However, none of these techniques can tell you which pollution source is having a larger impact. If you have sites that are predominantly polluted by domestic wastewater and sites predominantly polluted by agricultural pollution, you could combine the sampling techniques above with ecological monitoring of bioindicators to assess relative impacts of each pollutant type compared to each other and to a control site. All of these options have pros and cons, specific requirements, and vary in cost, so a thorough assessment of the different approaches is recommended.

## How do I figure out what detection level my equipment needs to measure my water quality parameter of interest?

Answer: This will depend on the environment or ecosystem and the parameter you are trying to measure, but in general, the further you are away from the source, the lower the concentration of your parameter will be. Your initial assessment (Section 3) and your selection of a sampling method (Section 6.2) should include assessments of previous studies to see the ranges of concentrations of the parameter of interest that have been previously recorded in similar environments. As a rule of thumb, always try to use test kits and instruments with the lowest detection level possible. to reduce the risk of Type II errors (i.e., false negatives). Typically, test kits will not be sensitive enough to measure very low concentrations of pollutants, though this technology is improving rapidly.

## How many samples can I take before I know I have a **baseline**?

Answer: According to guidance from the U.S. Environmental Protection Agency, for regulatory purposes in the US, 30 samples are needed before a designation can be made.

## Should I use a water quality testing kit or a multiparameter digital instrument?

**Answer:** Assuming that both types measure your parameter of interest in the right salinity conditions and are within your budget, there are a couple of additional factors you should consider when making this decision: 1) how many sites you want to measure, 2) how frequently you plan to measure within a particular project or program, and 3) the limits of detection. Since water quality testing kits require reagents for each test conducted, the more samples you take, the more expensive it becomes. A multi-sensor instrument might cost more initially, but over time could end up being the more economical choice if you intend to take a lot of samples. Additionally, reagents have a limited shelf-life so if you are not planning to take frequent samples, you may need to purchase new reagents multiple times during a sampling program, which could become expensive.

## How do I ensure accuracy in my water quality testing kit or sensors on instruments or data loggers?

Answer: For water quality digital instruments or probes, it is important to conduct regular, routine calibration using standard solutions that have known concentrations of a parameter. This is to ensure they continue to accurately measure parameters. It is best to calibrate instruments using standard solutions in the range of values expected to be encountered in the field. Water quality instruments should be calibrated before the start of each sampling trip, checked daily if on an extended trip, and checked at the end of the trip.For water quality testing kits, it is important to validate and calibrate them before use to ensure the outputs are reliable and consistent, especially when you are using them because you are unable to take water samples and send them to a laboratory. This can be done by conducting a side-by-side comparison analysis with equipment in a trusted laboratory, using equipment that is up-to-date with its calibration and other manufacturer requirements. Tests could be conducted with standard solutions or with field samples collected from sites that are expected to have a range of concentrations for the parameter of interest. If using field samples for this, you must use the same processing and preservation methods for the samples for each unit. These validation tests should be completed at the same time, to ensure comparability The results of the validation tests can also be used to calibrate water quality testing kit results with laboratory results, if there is a consistent difference between the two methods.

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# **Appendix 1: Questions to guide** you on your initial assessment of existing information

- 1. What are the potential sources of pollution in **2**. What are the watershed characteristics? the area of interest?
  - **a.** What activities are occurring in the watershed that could generate pollution, and what are their spatial extent?
  - **b.** Are there particular pollution generating activities that are of most concern?
  - **c.** Are the concerns related to pollution due to lack of infrastructure, e.g., inadequate sanitation infrastructure and systems (see Wenger et al., 2023 for more details on how to assess this)?
  - **d.** Have land-use or population estimates changed recently or are they expected to change in the near-future?
  - e. Have there been any observations of erosion, livestock, or feral mammals in or near water bodies, or loss of vegetation?
  - f. How close to water bodies are pollutiongenerating activities occurring?
  - **g.** Are there domestic or industrial wastewater outfalls that discharge into water bodies?
  - **h.** Do the sources of pollution cross jurisdictional boundaries?
  - **i.** Are there human health concerns related to drinking water quality?

- **a.** What is the vegetation type and extent in the watershed?
- **b.** Is there any riparian vegetation along streams and rivers?
- **c.** Are there soil or geology types that are more prone to erosion or groundwater infiltration?
- **d.** What are rainfall patterns like?
- **e.** Do rivers flow year-round or seasonally?

#### 3. What are the characteristics of the coastal & marine environment?

- **a.** What ecosystems are present?
- **b.** What are the hydrodynamic conditions in the area?
- c. Is the area of interest sheltered or exposed?
- **d.** Are there coastal aquaculture sites, fishing grounds, tourism areas, or marine protected areas present?
- **e.** Are there concerns for human or ecosystem health related to marine pollution?

- 4. Given the pollution-generating activities in the watershed and its characteristics, what pollutants could be reaching coastal and marine environments (Table 1)?
- **a.** Are there particular pollutants of most concern that are likely to be present?
- **b.** Are there multiple pollution generating activities that could be creating the same types of pollution?

#### 5. Is there any ongoing management of pollution?

- **a.** Are there any active pollution management programs in the area of interest? Note that there could be terrestrial restoration initiatives that will have a net-positive effect on pollution even if it is not the goal of the program.
- **b.** Are there any policies or legislation in place to address water pollution, such as wastewater discharge standards, water guality guidelines, regulatory bans on hazardous substances, best practice management guidelines or policies for industries operating in watersheds, etc.?

#### 6. Are there records of past pollution events?

- **a.** Are there records of past changes to water quality e.g., a flooding event, oil spills?
- **b.** Have there been any observations of changes in water color, texture, smell, or clarity that suggest pollution in the coastal waters?
- **c.** Are there records of past ecosystem impacts from pollution, e.g., eutrophication events, algal blooms, or fish kills?
- **d.** Are there records of past human health impacts from pollution, e.g., beach closures or contaminated seafood?

#### 7. Who are the key interested parties?

- **a.** Who is responsible for generating pollution?
- **b.** Is pollution coming from private land?
- c. Is pollution being generated from nonpoint source activities that the government should be regulating?
- **d.** Are there any watershed management groups active in the area of interest?
- **e.** Are there individuals that are being negatively affected by water pollution?
- **f.** Who will be needed to facilitate reductions in pollution?
- **g.** Who can mandate or initiate change?







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Factsheets on Approaches to Assessing & Monitoring Coastal Pollution

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# Approaches to assessing & monitoring coastal pollution

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# Direct, in-situ measurements, observations, & samples

#### Description

This approach includes water sampling where water samples are taken to a laboratory for analysis, the measurement of water quality parameters in the field with an instrument or testing kit, collection of data through the use of a passive sampler, or the deployment of a data logger to collect data continuously over a set period of time.

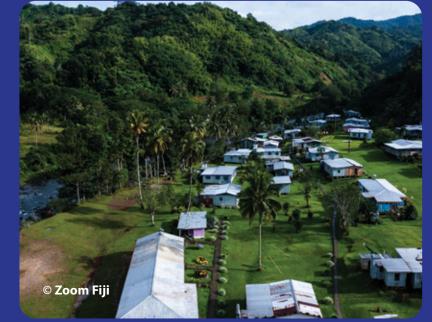


This approach is quite versatile and widely used, and there many situations where this approach is recommended as a way to assess pollution:

- To identify the sources of pollution.
- To detect and/or measure concentrations of specific pollutants.
- To determine pollution loads entering aquatic
   environments (surface, ground, coastal and marine waters).
- To determine the spatial extent and patterns of pollution in aquatic environments.
- To determine whether water bodies comply with water quality criteria and/or standards.

#### Personnel requirements & skills needed

Trained personnel are required to undertake sampling and experimental design and data collection, management, analysis, evaluation, and communication. In addition, specialized trained staff may be required to perform laboratory analyses. Personnel should also have ongoing access to training to keep up with latest methods and technologies.



• To determine if an area is safe for contact and/or non-

contact recreational activities including swimming.

• To determine if an area is safe for fishing or, aquaculture

To assess the impact of flood plumes (event sampling).

legislation, regulations, management interventions,

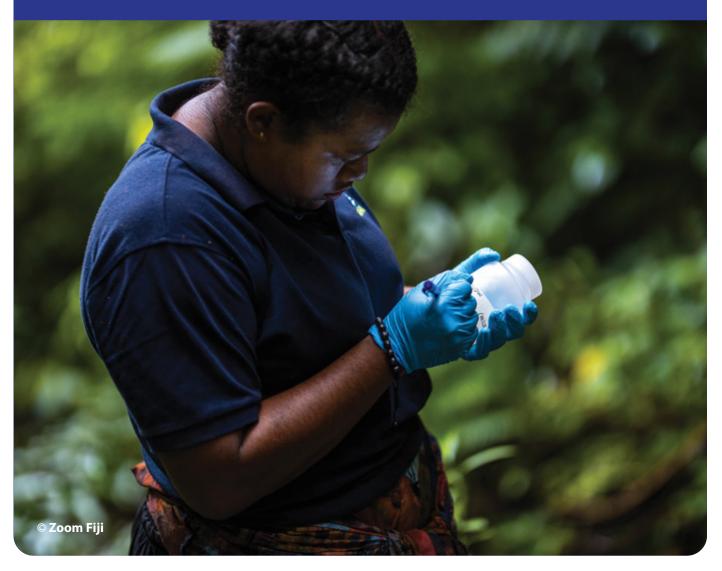
or land-use.

To track changes in water quality due to changes in policy,

#### **Equipment needed**

- Water sampling equipment, including: sample containers, preservatives, reagents, niskin bottles or buckets for water collection, sampling pole (if needed), filters and syringes, personal protective equipment, a cooler, and ice.
- Specialized equipment and instruments, such as: automatic pump samplers (auto-samplers), passive samplers, multi-parameter water quality instruments and sensors, Secchi disk, water testing kits, data loggers, GPS, and boats, fuel, and driver if sampling offshore.
- A laboratory to analyze samples.





#### **Budget requirements**

Costs derived from sampling can vary widely depending on several factors, including:

- Size of the area of interest.
- Pollutants of interest.
- Number and distribution of sampling sites.
- Sampling frequency.
- Reagents or preservatives required.
- Transport for sampling and sample retrieval to a laboratory for further analysis.
- The equipment, instruments, sensors, and methods required to detect selected parameters.
- Permits required.
  - Costs associated with field work, including land and marine transportation and equipment.

#### Pros

- Provides accurate and precise information about specific pollutants in the water column at the particular point and time when the direct measurement is taken (Cooper et al., 2009; Ritchie et al., 2003; Yang et al., 2022).
- Can measure a wide range of pollutants and water quality parameters.
- Can be incorporated into citizen and community science programs.

#### Cons

- Can be time-consuming and laborious.
- Subject to fluctuations as tides, winds, currents, temperature, and rainfall patterns vary, making investment into repeated sampling and long-term monitoring critical.
- May require specialized equipment and instruments.
- Expensive for large-scale or frequent discrete sampling.
- Often requires auxiliary information to be collected about the water, such as temperature or salinity, which may require an additional piece of equipment.
- Access to sites for data collection may be restricted.
- Collection and preservation of lab samples require standardized protocols and conditions, such as keeping the sample cold during transport, limited holding times for samples to be analyzed, and access to a certified laboratory in a relatively short distance.
- Challenging to find laboratories to analyze less routinely monitored parameters.

- Certain analyses, such as any involving genetics, can be very expensive.
- Data collected through direct measurements can be extensive and complex, so proper data management will be key.
- Does not adequately predict or reflect the condition of the ecosystem (Gibson et al., 2000; Goonan et al., 2012).

#### Spatial scale of information

In general, costs will scale linearly with the size of the area of interest and the level of effort (i.e., number of samples, number of sampling sites, and sampling frequency). Due to budget constraints, monitoring is usually conducted on a small spatial scale.

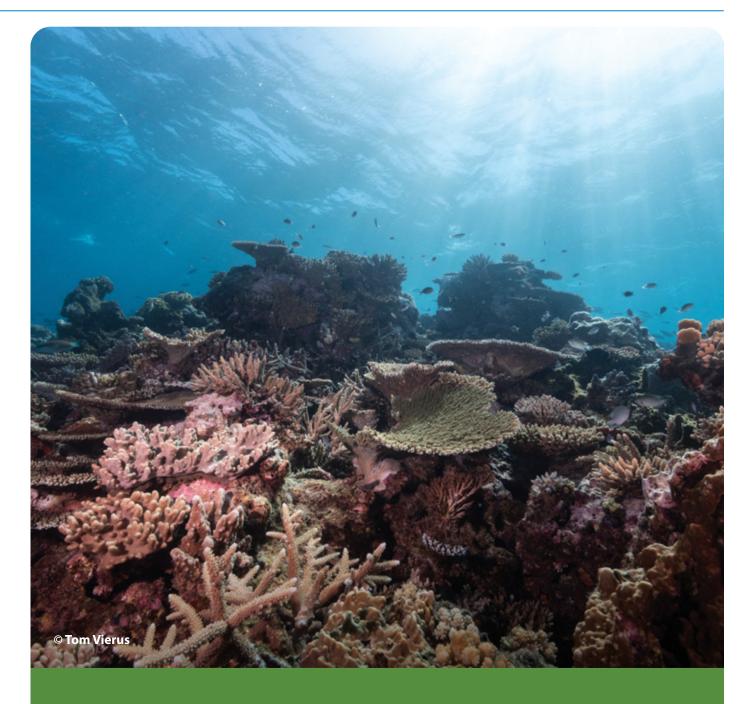


## Example questions that can be answered with this approach

- Are water quality standards being exceeded?
- Are there banned substances present?
- Is the source of fecal contamination animal or human?
- Is the water safe for recreational activities?



- DENR, 2008
- DES, 2018
- Núñez-Vallecillo et al., 2023
- The ASEAN Secretariat, 2008
- US National Office for Harmful Algal Blooms, 2019



# Ecological monitoring of bioindicators

#### Description

Monitoring of pollution-specific bioindicators can be used to assess the impact of pollution, as they reflect the overall health of ecosystems (Gibson et al., 2000; Zaghloul et al., 2020). They are defined as biological responses that are a) specific towards a driver of change or stressor, b) reflective of the magnitude of any changes, c) consistent across different scales, d) cost-effective, and e) ecologically relevant (Cooper et al., 2009).



Table 1: Examples of common coastal ecosystem pollution bioindicators. Note that this list is not exhaustive nor will all of these bioindicators be appropriate in all places, due to natural variability. We strongly suggest undertaking pilot studies to identify which bioindicators are present in your location. For all of the bioindicators listed below, the higher the prevalence of each one, the more degraded the water quality is

Pollutant Type	Common Parameters for Ecological Monitoring of Coral Reef Bioindicators	What it Can Tell Us About Pollution	References
Sediments	<ul> <li>Coral tissue necrosis</li> <li>Coral mucus sloughing</li> <li>Sediment laden turf algae cover</li> <li>Turf algae length</li> </ul>	Sediment can settle on coral, causing the coral polyps to generate mucus to try and remove it, which compromises their health from extra energy use. Eventually, if there is too much sediment, the polyps can die, creating dead patches on colonies that are often covered in sediment. Sediment can settle in turf algae, which suppresses herbivory, causing turf algae to grow. The sediment gets trapped in the algae, and is less likely to be resuspended and cleared from the system. Sediment- laden turf algae can create positive feedback loops that lock coral reefs into a degraded state.	Bessell-Browne et al., 2017; Goatley et al., 2016 Pollock et al., 2014; Tebbett and Bellwood, 2019;
Nutrients and organic matter	<ul> <li>Macrobioeroding organisms</li> <li>Coral disease</li> <li>Turf algae cover</li> <li>Macroalgae cover</li> <li>Benthic cover of cyanobacterial mats</li> <li>Zoanthid cover</li> <li>Percentage of epiphyte cover on seagrass</li> <li>Percentage of dead leaves in seagrass meadows</li> </ul>	<ul> <li>Nutrient enrichment and increases in organic matter can result in the proliferation of turf algae, macroalgae, macrobioeroding organisms, epiphytes, and zoanthids. Increases in nutrients can also create conditions that are more favorable for microorganisms to proliferate, causing coral disease.</li> <li>Increases in nutrients as well as changing ratios of nitrogen and phosphorus can cause benthic cyanobacterial mats to proliferate.</li> <li>Changes in reef benthic composition and increases in epiphytes on seagrass can create positive feedback loops that lock the ecosystems into degraded states.</li> </ul>	Bruno et al., 2003; Cooper et al., 2008; Fabricius et al., 2012; Ford et al., 2017, 2018; Le Grand and Fabricius, 2011; Lamb et al., 2016; Larsen et al., 2023; McClanahan et al., 2007; Vaughan et al., 2021

#### When & why to use

Monitoring of bioindicators should be conducted when trying to assess the impact of pollution on ecosystems or to track changes in ecosystem health in response to management of pollution. They are more sensitive to pollution than other metrics of ecosystem state, and therefore are a better early warning indicator of a problem or an early indication that pollution levels are reducing in response to management (Table 1).

#### Personnel requirements & skills needed

The level of taxonomic specialization and level of expertise required will depend on the methods used. When genus or species-level identification is necessary, compared to higher taxonomic levels, a well-trained taxonomist would be required (Gibson et al., 2000). Otherwise, someone trained in monitoring and evaluation of the ecosystem of interest should be able to conduct bioindicator monitoring with the appropriate training. In addition, trained personnel will be required to analyze data to detect patterns over space and/or time.

#### **Equipment needed**

The equipment needed will depend on the ecosystem being sampled, but will generally involve transportation to reach the field site, GPS, a transect tape or quadrats, a notebook or slate to record data, snorkel or SCUBA equipment if relevant, and a computer to store and analyze data.

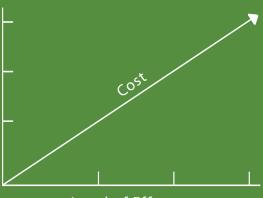




Size of Area

#### **Budget requirements**

- Trained staff, plus training activities if needed. Most field sampling will require multiple staff to meet workplace safety regulations.
- Costs associated with field work, including transportation and equipment.
- Equipment requirements as detailed above.



Level of Effort

#### Spatial scale of information

In general, costs will scale with the number of days of fieldwork required and whether monitoring is conducted from a liveaboard vessel or from daily trips from shore. There, the total budget and monitoring logistics will dictate the spatial scale at which data can be collected.

#### Example guestions that could be answered with this approach

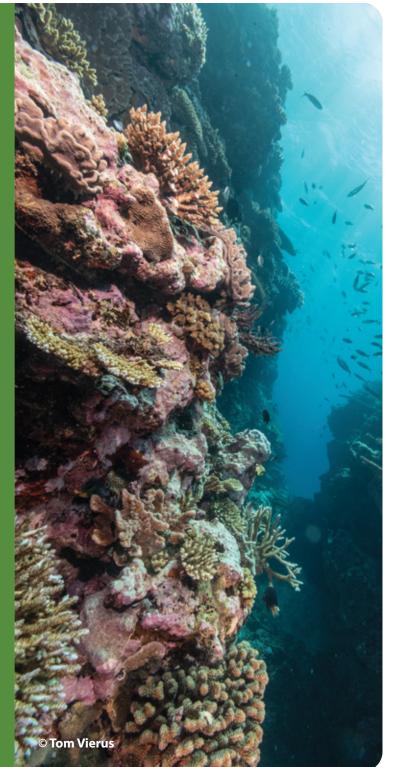
- Are there detectable adverse impacts of pollution on ecosystem condition?
- Have management interventions resulted in changes to the ecosystem state?

#### Pros

- Provides information on biological and ecological responses to pollution.
- A more stable indicator of pollution than discrete water samples.
- Reflects the cumulative effects of disturbances and is useful to assess the severity of impacts.
- Complements water quality data, by reflecting the cumulative impacts of human activities and disturbances in the biota of a waterbody.

#### Cons

- Pollution bioindicators vary with locations meaning that not all bioindicators will be relevant in different contexts. Pilot studies may be required to identify the most appropriate bioindicators.
- Not all species in the community will have the same type or severity of response to pollutants (Zaghloul et al., 2020).
- Cannot be used to differentiate between sources of pollution.
- Not all pollutant types have a clear bioindicator, limiting this approach to a subset of pollutant types.
- Complex and can be time-consuming and costly.
- Bioindicators are affected by other factors not related to pollutants, such as temperature, disease, parasitism, competition, or predation, which can confound interpretation of results.



#### External resources with more information

- Coleman & Cook, 2007
- Gibson et al., 2000
- U.S. EPA, 2008

# Biotic & abiotic sampling for further assessments

#### Description

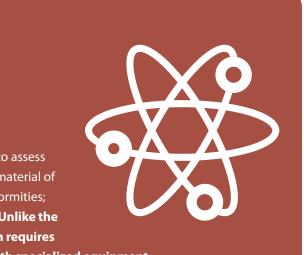
The collection of organisms, organism components, or sediments to assess 1) the bioaccumulation of a pollutant within the tissue or skeletal material of an organism; 2) physiological and anatomical abnormalities or deformities; 3) changes in a system through time; and 4) sources of pollutants. **Unlike the** ecological monitoring of bioindicators, this sampling approach requires samples to be collected and further analyzed in a laboratory with specialized equipment.

#### When & why to use

The collection of organisms can be used to detect pollution exposure or impacts on biota at cellular, biochemical, or biological scale (Shahid et al., 2022). The collection of sediments or the preserved remains of organisms can provide a long-term record of pollution input (Duprey et al., 2019). This approach can provide an array of information on how pollution has changed over time and/or space and is influencing a system, which may not be otherwise apparent through routine ecological monitoring (**Table 2**).

Table 2: An example of different assessments that can be conducted on collected organisms or sedimentsthat can help to understand water pollution impacts. Note that this list is not exhaustive

Collection Type	Type of Assessment	What it Can Tell us About Pollution	Additional Information & Resources
Organism tissue	Bioaccumulation of pollutants	Concentration of pollutants within the tissue of marine species can identify if they have accumulated to unsafe levels for human consumption or population viability.	Fabbri and Franzellitti, 2016; Madikizela and Ncube, 2022; Nalley et al., 2023
Organism tissue or skeleton; coral core	Stable isotope analysis	<sup>15</sup> N: <sup>14</sup> N stable isotope analysis can help differentiate if the source of nitrogen pollution is agricultural runoff or domestic wastewater. Stable isotope analysis along the length of a coral core can indicate how sources of nitrogen pollution have changed through time.	DES, 2018; Duprey et al., 2019; Risk et al., 2009



### **FACTSHEETS** - APPROACHES TO ASSESSING & MONITORING WATER POLLUTION

Collection Type	Type of Assessment	What it Can Tell us About Pollution	Additional Information and Resources
Whole organism	Histological assessment	Quantify the incidence of pathological tissue changes in the main organs. Assessment of gills or liver can tell us about biological impacts occurring within organisms that may not be detectable with ecological monitoring.	Corbett et al., 2014; Schlacher et al., 2007; Shahid et al., 2022
Whole organism or sediment core	Accumulation of microplastics	Accumulation of microplastics within organisms or sediment cores can provide information on microplastic hotspots and the risk to humans of microplastic ingestion from particular fisheries species.	Haave et al., 2021; Hennicke et al., 2021; Littman et al., 2020
Whole organism or tissue	Genetic analysis of microorganisms	Genetic analyses can be used to identify the presence and prevalence of microorganisms within an organism, which can be used to indicate exposure to different pollution sources, identify drivers of disease, or determine the risk to humans from consumption of contaminated fisheries species.	Razafimahefa et al., 2019; Sutherland et al., 2010; WHO, 2010
Coral skeleton	Linear extension rates and density measurements	Linear extension and density measurements of annual growth bands in coral skeletons provide estimates of whether colony growth rate differs in polluted water compared to unpolluted water.	Browne et al., 2015; Thompson, 2021
Whole organism or tissue	Biomarkers	Biomarkers are the biological responses elicited from exposure to pollutants. They can be used to detect molecular and cellular changes in organisms prior to noticeable responses at the individual or population level. They are especially useful in detecting impacts from persistent organic pollutants, which cannot be reliably assessed through ecological monitoring of bioindicators.	Kadim and Risjani, 2022; Sarkar et al., 2006
Sediment samples or cores	Foraminifera assemblage assessment (FoRAM Index)	Foraminifera have short life spans and respond quickly to environmental change. In reef environments, nutrient enrichment and increases in organic matter can change the assemblages in consistent and predictable ways, making them an important bioindicator for both recent and historic changes in water quality.	Narayan et al., 2022; Prazeres et al., 2020

#### Personnel requirements & skills needed

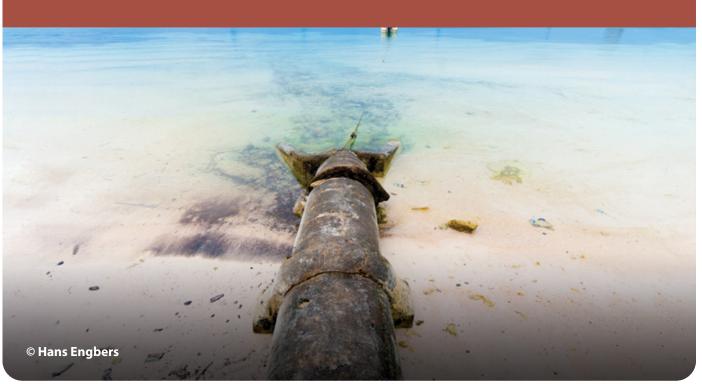
- Trained technicians to collect, preserve, and transport samples.
- Specialized trained staff to perform laboratory analyses.
- Trained personnel to analyze and interpret data.

#### **Equipment needed**

Sampling equipment; preservatives and reagents; sample containers; coring device (push core for sediment core or pneumatic drill outfitted with core barrel and powered by air compressor for coral core); snorkeling or SCUBA equipment; access to laboratories that can conduct stable isotope, genetic, or tissue analyses; x-ray machines for detecting coral annual growth bands from coral cores; computer and software for analyzing coral annual growth bands or bioinformatics following genetic analyses.

#### **Budget requirements**

Specialized trained staff; snorkel or scuba diving training; equipment for sample or organism collection; costs associated with field work, including transportation and equipment; collection permits, fees for sample analyses; costs for laboratory analyses.



#### Spatial scale of information

Due to budget constraints, it usually is conducted on a small spatial scalect.

#### **Example questions**

- Are there detectable adverse impacts of pollution on ecosystem condition?
- Have management interventions resulted in changes to the ecosystem state?:
- Are there detectable adverse biological/ physiological impacts on species?
- Is the nitrogen source predominantly from sewage or agriculture? (in-situ collection of biological or geological samples for stable isotope analysis)
  - Are pollutants accumulating to unsafe levels in biota consumed by people?
- Have adverse impacts from pollution changed over time? (in-situ collection of biological / geological samples - sediment or coral cores)
  - How are changes in coastal water quality related to land use and land cover change?

#### FACTSHEETS - APPROACHES TO ASSESSING & MONITORING WATER POLLUTION

#### Pros

- Detailed information on biological and chemical interactions.
- Coring can allow for reconstructions of long-term patterns of pollution in the absence of monitoring efforts, from decadal to millennial time-scales.
- Provides information on the direct and indirect effects on organism physiology and biology, which may not be apparent through ecological monitoring.
- Can act as an indicator of an organism's population health in the ecosystem.
- Can provide important information on the safety of fisheries species for consumption.
- Can be an early warning indicator of impacts from pollution.

#### Cons

- Higher-level of expertise required for sample collection, preservation, and analysis than for routine ecological monitoring.
- Requires specialized equipment for analyses.
- Analyses are expensive.
- Time-consuming and laborious analyses.
- Limited spatial and temporal information (with the exception of coring for temporal scale of information).
- Expensive for large-scale assessment.
- Complex data analysis and interpretation.



### **Quantitative modeling**

#### Description

Quantitative models such as pollutant transport models, hydrodynamic models, statistical models, or mechanistic models provide a transparent and repeatable way to investigate connections and relationships within systems and to inform decision-making management and development. They can be used to assess the extent and magnitude of a pollution problem; to provide insights into the dynamics of complex connections between the sources of pollution and the impacts on ecosystems; and to evaluate the efficacy of proposed management interventions or proposed development.

#### When & why to use

#### Pros

Aodels can be used to quantify the amount of a	•	
pollutant that is likely to reach the coast and its	•	
nain sources; map the dispersal of pollutants within		
coastal and marine environments; understand the		
elationship between pollutants and ecosystems;	•	
nd make predictions about how changes in land-		
ise or management will influence these factors.	•	

#### **Personnel requirements** & skills needed

A person with a high degree of expertise in spatial
analysis, environmental science, and coding
is required to develop and perform
quantitative modeling.

#### Cons

#### **Equipment needed**

A computer capable of efficient data processing and	
datasets to create and parameterize models.	•
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#### **Budget requirements**

Specialized trained staff; high spec computers; data acquisition; field visits for model calibration.

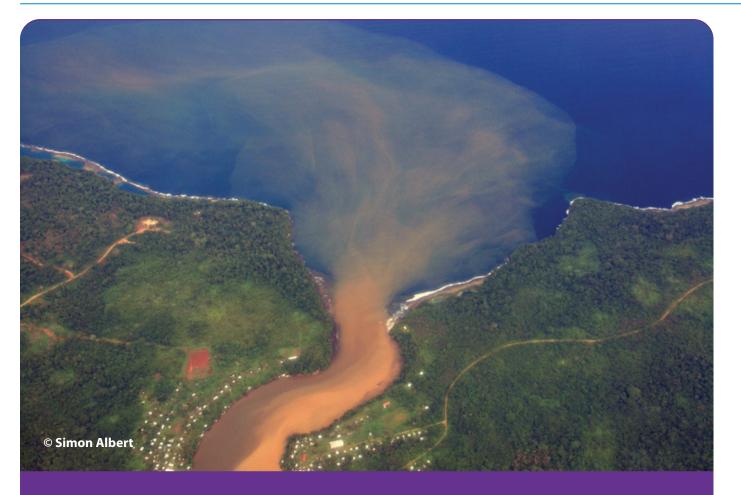
#### **External resources with more information**

- Dardeau et al., 2004
- NOAA, 2023
- Reichelt-Brushett et al., 2023



- Allows for forecasting and hindcasting of changes.
- Very useful to inform decision-making on management or development.
- Can provide information on pollutant transport, fate, and behavior.
- Can simulate ecosystems' responses to stressors and hydrodynamic behavior of flows.
- Can be used for much larger spatial scales, so is very cost effective compared to other approaches listed above.
  - Can be used in data-limited environments.
  - Can establish a relationship between pollution and ecosystems.

- Longer time frames required to develop and parameterize models.
- Can be difficult to find local datasets for models.
- There are trade-offs between the spatial-scale at which models can be run and the availability and comparability of datasets available.
- lequires up to date and reliable data to be very accurate.
- Lack of validation with in-situ data can impact the reliability of the results.
- There can be a high uncertainty in results due to assumptions about relationships and system responses required during model development.



#### Spatial scale of information

• Models can be developed for local to global spatial scales, but the desired spatial scale will have implications for processing times and data availability.

#### **Example questions**

- What are the main sources of pollution in the watershed?
- Are there erosion hotspots?
- Which areas are most polluted?
- Have management interventions changed pollution loads?
- What are the current pollution loads in the area? How will pollution loads change in the future based on current trends?
  - How far can pollution spread in the marine environment?
  - Will climate change effects influence rates of pollution in the watershed?
  - Have management interventions changed pollution dispersal?

#### **External resources with more information**

- Stanford University, n.d.
- SWAT, n.d.

### **Remote sensing with** satellite data

#### Description

Satellite data can be used to track and quantify turbidity and algal blooms in watersheds and coastal environments on a fine spatial scale. This can be as simple as utilizing images from Google Earth or using a drone, and it can be more complicated by either downloading or paying for satellite data from government agencies or paid providers. Advanced analyses can help to determine the scale of the impact. Satellite images can be used following storms to determine the extent of pollution plumes. Often historical satellite data is available so that a comparison can be made.

#### When & why to use

- To investigate sources of erosion.
- To look for algal blooms.
- To track turbidity or poor water clarity in the nearshore waters.

#### Personnel requirements & skills needed

There is a range of expertise required, depending on how remote sensing will be used. First pass analyses can be done by most with adequate training, while a well-trained analyst is needed to process satellite imagery using advanced analyses.

#### **Budget requirements**

- Highly qualified analyst.
- Computer equipment with high-processing and storage capacities.

#### **Equipment needed**

- Computer equipment with high-processing and storage capacities.
- GIS software or cloud/online storage and processing services.
- Alternatively, some datasets like Landsat or Sentinel-2 are freely accessible and can be processed online in Google Earth Engine for free.



- To track changes in land-use, for instance vegetation changes, impacts from fire, or new development.
- To detect and track large-scale pollution events and impacts such as sewage plumes, oil spills, and harmful algal blooms (Callejas, 2022).

- GIS software or cloud/online storage and processing services.
- Potential costs associated with acquiring highresolution or specialized satellite data.

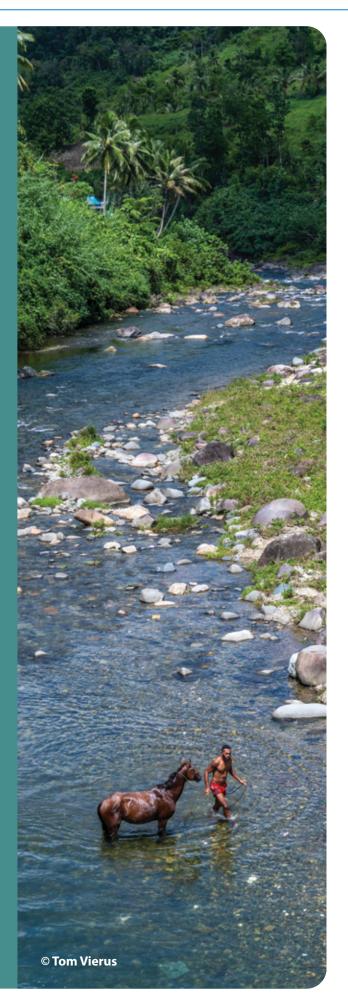


#### Pros

- There can be high temporal frequency in new data (i.e., a new satellite image every week), depending on the product used.
- Data available in digital form, therefore is easily readable for computer processing.
- High spatial and temporal coverage.
- Cost effective for large scale data gathering.
- Effective for areas with limited in-situ data available.
- Lots of available resources.
- Useful for areas with limited access.
- Potential for correlations between water column reflection and optical active components, such as transparency, chlorophyll-*a* concentration (phytoplankton), organic matter, and suspended sediments.
- Suitable for optical parameters in surface waters.

#### Cons

- Hard to analyze imagery when there is a cloudy system, which is also when water quality may be impaired.
- Very high-resolution satellite imagery is less freely available.
- If partnerships are not in place, access to imagery can be very expensive.
- There are only a few depths where the technique is optimal too shallow or too deep and the information is limited.
- Difficulty to compare outcomes due to lack of a standardization system, and lack of validation data can impact on the reliability of the results.
- Some studies have reported inaccurate results due to the interference caused by the presence of suspended material in turbid water bodies, especially close to coasts where there are shallow ecosystems.
- Most pollutants do not change the spectral or thermal characteristics of surface water, making it difficult to use remote sensing to directly measure them (Ritchie et al., 2003).



# Example questions that could be answered with this approach

- What are the main sources of pollution in the watershed?
- What is the spatial extent of pollution?
- Which areas are most polluted?
- What is the natural variability of water pollution in time and space?
- Has land-use changed over time?



#### External resources with more information

- Devlin et al., 2023
- Earth Lab, 2017
- Gholizadeh et al., 2016
- NOAA, n.d.
- Yang et al., 2022

#### Spatial scale of information

Remote sensing and spatial analysis can be conducted at local to global spatial scales, but the desired spatial scale will have implications for processing times and data availability. Additionally, resolution can vary, affecting the level of detail that can be discerned.



### Indigenous & local knowledge

#### Description

Dynamic bodies of integrated, holistic, social and ecological knowledge, practices, and beliefs pertaining to the relationship of living beings, including people, with one another and with their environments. Indigenous and local knowledge is grounded in place, is highly diverse, and is continuously evolving through the interaction of experiences, innovations and various types of knowledge (written, oral, visual, tacit, gendered, practical and scientific). Such knowledge can provide information, methods, theory and practice for sustainable ecosystem management (Burgos-Ayala et al., 2020; IPBES, 2017)).



#### When & why to use

This rich source of information can provide important insights into changes in the environment and resources over long time frames, as well as observed patterns, drivers, pathways, and impacts of pollution. It is an important source of long-term historical perspectives and temporal understanding of change and impacts. Indigenous Peoples have long-standing relationships with their surrounding environment, and their expertise and place-based stewardship practices should be elevated as critical components of any sustainable management plan.

## Personnel requirements & skills needed

#### Inputs

- Flexibility, versatility and adaptability to listen to and understand people's ideas, perspectives, beliefs, and cosmovision (Alexander et al., 2019).
- Training in participatory and cross-cultural approaches (Alexander et al., 2019).
- Fluency in the local language where relevant.
- Ability to manage tensions and disagreements during communication and data collection (Alexander et al., 2019).

#### **Equipment needed**

Voice recorder, video camera, GPS, and other specific equipment depending on the knowledge needs, paper, and markers.

- Time investment to build positive and trusting relationships between communities and external staff collecting data (Alexander et al., 2019), and engagement of local community members as project staff.
- Be prepared with a range of communication and data collection methods to use depending on knowledge needs and people preferences to communicate (Alexander et al., 2019).

#### **Budget requirements**

Staff trained in community and Indigenous engagement; interpreters; travel costs.



#### Pros

- Significant intimate and specialized knowledge with the environment (Pearson & Gorman, 2023).
- Historical knowledge can provide information on decadal changes.
- Plays an important role in evidence-based decision making and environmental management (Alexander et al., 2019).
- Can significantly facilitate the inclusion of local actors and decision-makers in both the monitoring process and the interpretation of results, thereby fostering a more collaborative and inclusive approach to environmental management.

#### Cons

- Language barriers.
- Limited time of local people to participate due to community commitments/obligations (Thompson et al., 2020)
- Research fatigue of communities due to their participation in other projects (Thompson et al., 2020)
- Building trust can be difficult due to the perception that monitoring data can be used against Indigenous Peoples and local communities, given historical and contemporary power imbalances and breaches of trust (Thompson et al., 2020).
- Difficulties in keeping people engaged over long-periods of time, if needed (Thompson et al., 2020)
- Difficulties in maintaining funding for data collection in the long-term (Thompson et al., 2020).
- Some data is sensitive and cannot be shared with large audiences (Thompson et al., 2020).





#### Important considerations

- Free, prior, and informed consent must be given prior to participation in a project and any data collection.
- Results of projects must be communicated back to participants and communities in an accessible manner (Thompson et al., 2020).
- Project results must be reviewed with communities prior to broader dissemination.
- Define from the beginning data ownership and intellectual property rights (Thompson et al., 2020).

#### **Spatial scale of information**

Limited to people's area of knowledge and interaction.

## Example questions that could be answered with this approach

- What were the historical water quality conditions prior to intensive land change, agriculture, etc?
- Are there erosion hotspots?
- Which areas are most polluted?
- How far can pollution spread?
- Is the water safe for aquaculture, fishing, or recreational activities?
- What is the natural variability of water pollution in time and space?
- Are there detectable adverse impacts on ecosystem or species condition, e.g., fish kills, algal blooms?
- What practices have been implemented previously to reduce pollution?
- Have management interventions or land-use changed pollution loads?
- Have management interventions or land-use changed pollution dispersal?

#### External resources with more information

- Kaiser et al., 2019
- Thompson et al., 2020
- Tsatsaros et al., 2020

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Factsheets on Methods for Collection of In-Situ Water Quality

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#### Factsheets on

1.

# Methods for collection of in-situ water quality data

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# 1. Methods

# Manual water sampling & analysis with a water quality testing kit

#### Description

This technique outlines how to use a test kit for rapid water quality testing. Water testing kits can be easy to use, but usually lack the precision and range of in-laboratory testing. It is important to consider what the estimated concentration is of the parameter you are interested in , as testing kits may not be suitable for low concentrations (see **Question 6** in **Section 11** of **Guidance Document**). See **Section 2** for examples of different water quality testing kits suitable for the field. Any water quality sampling is highly dependent on the quality control around sampling, analysis, and assessment. This must include care with equipment and sampling and regularly carrying out validations and calibrations of testing kits in a trusted laboratory (see **Section 8.1** and **Question 7** in **Section 11** of **Guidance Document**). Laboratory services should be underpinned by the full range of accreditation and certifications of quality for the parameters being measured.

#### When & why to use

- As a screening tool to detect a parameter of interest, which can help to determine whether further laboratory analyses are required (DES, 2018).
- When logistical constraints prohibit you from being able to take water samples for laboratory analysis (see Section 6.2 in Guidance Document).
- As an emergency backup in case of instrument failure.
- As additional information collected at higher frequency and used alongside laboratory based methods.
- As an environmental education tool for citizen science and a method when qualified personnel are not available.

#### Personnel requirements & skills needed

Testing kits are easy to use and require very little training or equipment (DENR, 2008). However, you will need trained personnel to undertake sampling and experimental design, data collection, management, analysis, evaluation, and communication.



#### **Equipment needed**

- Water sampling consumables, including: reagents, sample containers, filters, and syringes.
- Water sampling equipment, including: testing kits, niskin bottles or buckets for water collection, personal protective equipment, sampling pole (if needed), a cooler, and ice.



#### **Budget requirements**

Personnel time, water sampling equipment, water sampling consumables, transportation, personnel and access to a laboratory to calibrate the testing kit.

#### Spatial scale of information

Spatial scale of information: In general, costs will scale linearly with the size of the area of interest and the level of effort (i.e., number of samples, number of sampling sites, and sampling frequency), so sampling is usually conducted on a small spatial scale.

#### **Detection limits**

Most portable kits do not detect low concentrations of chemicals because they are designed to monitor pollutants at relatively high concentrations, such as those present in wastewater or highly polluted water. In addition, when using kits where the results depend on color changes will be approximate measurements, with lower precision and results at no more than 1 decimal place. Kits will be very specific to different places, and it may require more than one type of kit to sample across multiple parameters. Note that technology in field kits and in field testing is progressing rapidly, and issues around precision and specificity may become less of an issue over time.

#### External resources with more information

Clear Water Sensors, n.d. DENR, 2008 DES, 2018

#### Pros

- No need to transport samples to a laboratory (unless collecting samples for calibration).
- Results can be available on-site.
- Inexpensive technique.
- They can produce accurate and reliable data if calibrated and used for appropriate concentrations in the right conditions.
- Does not require highly trained personnel.

#### Cons

- They only measure a limited range of parameters.
- Test kits are often very simple and can only provide general results to indicate if there is a concern.
- Generally not accurate enough to measure changes in water quality at low concentrations or to determine compliance compared to guideline values.
- Replicability can be an issue because results may depend on a color reading, and different people may perceive different colors depending on factors such as eyesight, amount of light, and interferences from chemicals present in the waters being tested.
- Needs to be calibrated regularly to ensure accuracy.
- Detection limits are usually not very sensitive, so low level concentrations would not be reported or reported inaccurately.
- Reagents required for analysis can expire and may need to be re-purchased if the testing kit has not been used in a while.

### Manual water sampling for laboratory analysis

#### Description

Manual water sampling is the direct collection of water samples by a person for its analysis in laboratories. There are also portable labs that can conduct analyses in the field (see below).

#### When & why to use

- Can be used to measure any water quality parameter.
- Manual water quality sampling is appropriate for long term trends of chemical parameters present at lower concentrations, which are difficult to measure with kits in the field.

#### Personnel requirements & skills needed

- Trained personnel to undertake sampling and experimental design and sample collection, preservation, and transport.
- Trained personnel to undertake data management, analysis, evaluation, and communication.
- Specialized trained staff to perform laboratory analyses.
- Personnel should also have ongoing access to training to keep up with latest methods and technologies.

#### **Equipment needed**

- Water sampling consumables, including: sample containers, preservatives, reagents, filters, and syringes.
- Water sampling equipment, such as: niskin bottles or buckets for water collection, personal protective equipment, sampling pole, a cooler or freezer, and ice.



#### **Budget requirements**

Personnel time, water sampling equipment, water sampling consumables, field and sample transportation, and per sample laboratory costs.

#### Spatial scale of information

In general, costs will scale linearly with the size of the area of interest, the level of effort (i.e., number of samples, number of sampling sites, and sampling frequency) ,and the type of parameter being tested. Due to budget constraints, manual sampling is often limited to a smaller area or a limited amount of time.

#### **Detection limits**

Dependent on the equipment used to process samples in the laboratory.



#### Pros

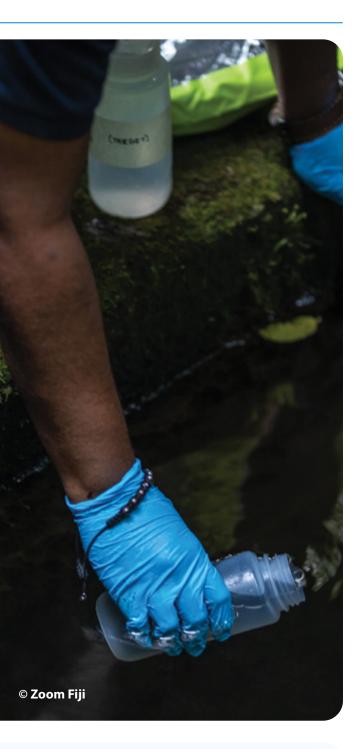
- More sensitive and accurate than other methods, such as in-situ sampling with a water quality testing kit.
- Samples can be collected from any type of water body with appropriate type of sampling equipment.
- There are some portable laboratories that can conduct analyses in the field.
- Can be used to accurately measure a wide range of pollutants.

#### Cons

- Can be very costly and time-consuming for long-term or large-scale sampling programs.
- Logistical constraints such as the requirement to keep samples cold or frozen and to process them within a specified period of time (i.e., sample holding time) (see Section 6.2 in Guidance Document).
- There are additional quality controls that need to be conducted to ensure the integrity of the water sample remains intact from collection to sample processing (see Section 8.1 in Guidance Document).
- More difficult logistics for locations that are difficult to access.
- Results for water samples collected in the field are not available immediately.

#### **External resources with more information**

- Bartram & Ballance, 1996
- DENR, 2008
- DES, 2018
- Núñez-Vallecillo et al., 2023
- The ASEAN Secretariat, 2008
- U.S. EPA, 2024
- U.S. EPA, 2024b



# Automated water sampling for laboratory analysis

#### Description

Automated samplers use a trigger or pre-determined time to collect samples and pump water into clean bottles for preservation. These instruments must be installed at a fixed point where there is a potential source of pollution (DENR, 2008) and they can be programmed to take samples according to sampling needs, such as using rainfall as a trigger to sample. This approach usually works best for sampling streams during events, e.g., flooding events. Samples are collected by the automatic sampler, and retrieved later for their analysis in a laboratory. As with the water quality sampling method, it is critical to ensure you have a trusted laboratory with appropriate qualifications, consistent methodology around sampling and analysis, and regular calibration checks.

#### When & why to use

When it is not possible to collect samples manually, such as:

- When it is unsafe (e.g. high river levels and high flows, flashy unpredictable flows).
- When there is a requirement to sample at regular intervals throughout a 24-hour (or longer) period (e.g., to capture the rise or fall of a hydrograph for calculating pollution loads).
- Information on small scale variability is required, such as for model validation or understanding complex coastal processes.

#### Personnel requirements & skills needed

Automated samplers require time and effort to maintain, and it is important that a skilled technician check the battery life, sampling frequency, and trigger.

#### **Equipment needed**

- Refrigerated or non-refrigerated automatic pump samplers (auto-samplers) and rising stage samplers.
- Batteries or solar panels are needed to provide power to pumps.
- Water sampling consumables, including: sample containers, preservatives, filters, and syringes.



#### **Budget requirements**

Personnel time, water sampling equipment, water sampling consumables, field and sample transportation, and per sample laboratory costs.

#### Spatial scale of information

Small spatial scale–whilst this technique can sample at high frequency, fixed positioning of equipment will collect a large number of samples from only one location, over a set period of time.

#### **Detection limits**

Dependent on the equipment used to process samples in the laboratory.



#### Pros

- Automatic sample collection (e.g., during storm events) when people may not be able to access a site.
- Provide consistent, regular sampling with low level oversight (field trips still required to deploy and retrieve instrumentation).
- Eliminate human error inherent in manual sampling (Clesceri et al., 1999).
- Mechanical sampling can reduce any issues of human contamination. However if there is high sedimentation, as is often the case during flooding events, data for other parameters may be skewed.

#### Cons

- Considerable cost and maintenance (DENR, 2008).
- Requires regular checks for early detection of problems or to prevent malfunctions.
- Results are not available immediately.
- A range of parameters can be measured, but options are limited based on preservation and storage requirements, as well as access to a laboratory to analyze the samples.
- The accuracy of a water sample is affected by how long it takes a technician to retrieve a sample and get it to the laboratory for analysis.

#### External resources with more information

- DENR, 2008
- DES, 2018





# Manual measurements with a handheld analog instrument

#### Description

Analog instruments can measure basic physical parameters. These include refractometers for measuring salinity, thermometers for temperatures, and Secchi disks for turbidity. Secchi disks are a simple but extremely effective method for measuring turbidity, and has been successfully used in many long term monitoring programs.

#### When & why to use

While the values of these instruments may not be as precise as digital tools, they offer the advantage of not needing power or lots of training, so they can be good diagnostic tools for some locations. As costs of implementation are low, they provide a useful, accessible, and widely used method for simple water quality metrics. These simple measurements can be very useful for collecting higher frequency water quality information at low cost, which can complement other types of more accurate, but more costly methods.

#### Personnel requirements & skills needed

Minimal, though careful use and reporting is essential.

#### **Equipment needed**

Analog instrument.

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#### **Budget requirements**

Equipment costs, personnel and field time, transportation.

#### Pros

- Very low cost.
- Does not require any sampling consumables.
- Can measure trends over time of water clarity (turbidity), temperature, and salinity at a specific location.
- Equipment is not likely to break.
- Good as an education or scoping tool or for citizen/community science programs.
- Can take a lot of a measurements at low costs.
- Transferable between different programs.

#### Cons

- The data is not as precise as other methods, and other parameters (nutrients, dissolved oxygen) are not possible when only using analog instruments.
- Secchi disk measurements are subjective, making it hard to compare data from different users, though careful training and quality control can minimize user error.
- Record keeping is by hand and subject to error, and again minimized by careful quality control.



# Passive sampling

#### Description

Passive sampling involves deploying an accumulating material (chemical-absorbing or -adsorbing material, sometimes called a passive membrane) in the water column or sediments to capture time-integrated measurements. Once the exposure period has finished, the material can be retrieved and the accumulated chemicals analyzed. These membrane samplers can measure parameters that are present at very low concentrations including organic compounds, pharmaceuticals, and personal care products. Typically, passive samplers are used after initial analyses are conducted so that hotspots can be identified.

#### When & why to use

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#### Personnel requirements & skills needed

The passive samplers are easy to deploy, but require partnering with a laboratory that can supply the membranes, analyze the membranes, and interpret the results.

#### **Equipment needed**

- To detect contaminants that may be present in
- concentrations below detection limits of
- laboratory equipment.
- To obtain a time-weighted average concentration over a deployment period.

- The appropriate passive sampler for the pollutants you are trying to detect.
  - Deployment equipment.
  - Personal protective equipment.



#### **Budget requirements**

- Personnel and field time.
- Field consumables.
- Transportation.
- Laboratory analysis costs.

#### Parameters that can be measured with this technique

Organic pollutants that are absorbed by lipids and fatty tissues, such organohalide and organometallic compounds.

#### Spatial scale of information

Although they can be deployed across a variety of environments, they are expensive to analyze, making them more suitable for a few key sites that need to be assessed.

#### **Detection limits**

Very good at detecting pollutants at low concentrations that would otherwise be below the detection limits for other methods.



#### Pros

- Works well for identifying the presence of hard to measure organic pollutants that are absorbed by lipids and fatty tissues, such as pesticides present at low concentrations.
- No energy required to operate.
- Provides an average concentration over a deployment period that can go from hours to weeks, denominated Time Weighted Average concentrations.
- Can be deployed in a wide range of environments.
- Cost-effective for heavy metals and pesticide sampling.

#### Cons

- Requires sites with minimal human interference, and the ability to leave equipment out for long periods of time.
- Not suitable for heavy use areas, such as ports or tourism areas, where pollution issues may also be occurring.
- Does not work for nutrients, turbidity, or other biological parameters (bacteria, chlorophyll a).
- Biofouling can be a serious issue, and timing of the deployment and retrieval needs to consider how much biofouling will happen in the sampling time.
- Concentrations are only time weighted concentrations and high episodic concentrations will be missed.
- Data interpretation requires complex knowledge of chemical behavior and environmental context. This can be carried out by a laboratory but requires expertise in this field.



### Manual measurements with a handheld digital instrument

#### Description

A common technique for water quality measurement is with a sensor attached to an instrument or meter (known as a logger). This can be a portable instrument including the main meter and data logger, and a number of sensors, each of which measures different individual parameters and displays the measurements on a digital monitor. Some instruments can be submerged into a waterbody to obtain a digital water quality reading at either the surface or at depth.

Personnel require training and experience using the instruments, and they must be comfortable with digital technology. Instruments are designed to be relatively easy to use. A separate technician may be in charge of calibrating the instrument on a regular schedule. Data collected through sensors is complex, high frequency data requiring additional processing, either through calibration or aggregation of the data. Expertise in data processing can be required, especially when working with data simultaneously collected on multiple parameters.

#### External resources with more information

- DES, 2018
- Madrid & Zayas, 2007

#### When & why to use

To measure parameters that are likely to change during transport to the laboratory or storage (for instance, pH, temperature, or dissolved oxygen).

Provides high sampling frequency.

To understand the physical composition of water as related to nutrient or other chemical parameters (for instance, low salinity waters generally have higher nutrient concentrations compared to marine waters).

To measure at different depths to record information on the water profile. This type of information is useful for understanding water column conditions such as stratification and changes in water quality parameters over depth. For example, parameters such as dissolved oxygen need to be measured close to the bottom of the water column to understand impacts on the benthic system.

#### Personnel requirements & skills needed

#### **Equipment needed**

Digital instrument, calibration solutions.



#### **Budget requirements**

- Personnel and field time, transportation.
- Instrument costs can vary significantly, ranging from \$100 to \$30,000 depending on the quality and the parameters measured.

#### Parameters that can be measured with this technique

The most common type of instrument is a CTD, which measures electrical conductivity, temperature, and depth. Turbidity, dissolved oxygen, fluorescence (as a measure of chlorophyll *a*), light, colored organic dissolved matter, and even dissolved nutrients can all be measured through sensors, although nutrient sensors are still in testing phase. Total suspended solids can be measured with prior lab calibration.

#### **Spatial scale of information**

Depending on staff capacity, the spatial scale can be large. Sensors can be attached to vessels such as boats, kayaks, or other floating rigs. High quality, high frequency information at depth can be collected over short periods of time.

**RBR Products** World Leading Oceanographic Instruments (rbrglobal.com)



#### Pros

- No equipment needs to remain in the field.
- No sampling consumables required.
- High quality instruments can be expensive but if used for multiple measurements over large spatial scales or long time periods, cost per sample can decrease significatively.
- Results are accurate if the instruments are frequently calibrated with appropriate standard solutions (DENR, 2008).
- As the instruments are used directly in water bodies, errors caused when handling samples are reduced or avoided.
- Results are available immediately and are not subject to sample processing errors, but do require regular calibration to ensure accuracy and precision are high.
- Most probes allow for the digital registration of data, which reduces human error.
- Can be immediately deployed during emergencies.

#### Cons

- Personnel need to be sent to sites to take measurements.
- Traditionally, only measure a limited range of parameters, though technology on new water quality sensors is progressing rapidly.
- A specific sensor is required for each pollutant being measured, though multiple sensor can be attached to a single logger.
- Instruments can only hold a certain number of sensors at one time, though recent loggers have been able to take over 10 different sensors.
- Chemical pollutants are difficult to measure accurately with sensors.
- Sensors need to be calibrated, maintained, and changed on a regular basis. Most pH probes only last 3-6 months, while dissolved oxygen and temperature can last years if well looked after. Calibration of turbidity probes requires expensive reagents that need to be stored at specific temperatures.



### Automated measurements with a data logger/sensor

#### Description

Data loggers and sensors that can be deployed in water to take automated measures semi-continuously over a longer period of time. These are instruments widely used to monitor various water quality parameters. The data can be transferred by cabled or wireless connection to a computer. It is important for optical sensors to include a wiper if deployed for a longer (sometimes even more than 24 hours) period and to be managed at least monthly for biofouling.

#### When & why to use

They can be used to collect data at a high temporal resolution (on the order of seconds or minutes), or for long time periods (weeks to months). For these types of instruments, biofouling is a major concern.

#### Personnel requirements & skills needed **Budget requirements**

Personnel to deploy and maintain the data logger; Trained personnel to undertake data management, analysis, evaluation, and communication.

#### Equipment needed

- Data loggers and sensors.
- Deployment equipment.
- Data loggers require either battery changes or • solar panels for power.



- Personnel and field time; transportation.
- Data loggers are often very expensive (>\$10k), though some budget models (Eureka, Seametrics) can be closer to \$5,000.
- Deployment equipment.

#### Parameters that can be measured with this technique

The most common type of instrument is a CTD, which measures electrical conductivity, temperature, and depth. Turbidity, dissolved oxygen, fluorescence (as a measure of chlorophyll a), light, colored organic dissolved matter, and even dissolved nutrients can all be measured through sensors, although nutrient sensors are still in testing phase. Total suspended solids can be measured with prior lab calibration.

#### **Spatial scale of information**

The spatial scale is very small as this technique is really best for collecting several data points from one location, over a set period of time.

#### Pros

- High frequency data can be collected across weather events, waves, tidal cycles, and microalgae blooms, which provides high temporal resolution on natural variability of parameters.
- Once the equipment has been installed, the results can be available remotely for very advanced systems.
- They can be used to measure some parameters, such as temperature and dissolved oxygen, that would otherwise change during storage or transport of samples for laboratory analyses.
- Can be placed in remote locations where manual sampling is impractical.

#### Cons

- A technician needs to periodically calibrate and provide maintenance to the equipment.
- Relatively large setup costs in both expertise, personnel, and budget.
- Each pollutant to be measured requires a different probe. However, there are in-situ bundles that include several common sensors.
- Equipment could be damaged in the field or stolen.
- The large volume of data means that data analysis requires additional expertise beyond analysis of discrete data points.



# 2. Information on sampling equipment

Common brands for water quality testing kits & portable laboratories for manual water sampling

#### Water kits that measure basic physical environmental parameters

#### **Parameters measured**

Alkalinity, carbon dioxide, dissolved oxygen, hardness, pH, salinity.

#### **Examples**

https://lamotte.com/products/environmental-science-education/watermonitoring-kits/water-monitoring/marine-science-outfit-5903-03 https://www.haines.com.au/test-kits-marine-science-550-tests.html https://www.acornnaturalists.com/marine-science-water-quality-testkit.html

Water kits that measure limited water quality parameters

#### **Parameters** measured

Limited nutrient measurements and some basic environmental parameters.

#### **Examples**

https://lamotte.com/new-products-at-lamotte/waterlink-reg-spin-touchreg-ff

https://au.hach.com/saltwater-aquaculture-test-kit-model-ff-3/productparameter-reagent?id=14533673867&callback=pf

https://us.vwr.com/store/product/23264176/sl1000-ppa-portable-parallelanalyzer-portable-colorimeter-with-usb-hach



Water kits that measure a wider range of water quality parameters

#### **Parameters measured**

A wider range of organic matter, nutrient, sediment, and heavy metal parameters as well as indicators of urbanization and domestic and industrial wastewater.

#### **Examples**

https://au.hach.com/dr900-multiparameter-portable-colorimeter/product-parameterreagent?id=15684103252

https://www.thermofisher.com/order/catalog/product/AQ4000

https://www.thermofisher.com/order/catalog/product/AQ3700?SID=srch-srp-AQ3700

https://www.lovibond.com/usa-en/PW/Water-Testing/Products/Lab-Portable-Instruments/ColorimetersPhotometers/MD-600-Photometer-Series/MD-600

https://www.lovibond.com/usa-en/PW/Water-Testing/Products/Lab-Portable-Instruments/ColorimetersPhotometers/MD-600-Photometer-Series/MD-610

https://www.lovibond.com/usa-en/PW/Water-Testing/Products/Lab-Portable-Instruments/ColorimetersPhotometers/MD-600-Photometer-Series/MD-640

Water kits that measure non-standard water quality parameters

**Parameters measured** 

Algal toxins, pesticides, bacterial toxins, industrial chemicals, hormones, surfactants.

https://www.goldstandarddiagnostics.us/home/products/rapid-test-kits

# Portable laboratories that measure a range of water quality parameters

#### **Parameters measured**

Algal toxins, pesticides, bacteria, bacterial toxins, industrial chemicals, hormones, surfactants.

https://www.idexx.com/en/water/water-products-services/enterolert/ https://www.micrologylabs.com/product/coliscan-water-monitoring-kit/ https://www.goldstandarddiagnostics.us/home/products/rapid-test-kits



© idexx.com

© thermofisher.com

# Common brands for handheld instruments & continuous data loggers & factors to consider when selecting one

## Things to consider when buying handheld instruments & continuous data loggers

- Do you want to use the same instrument to work as both a handheld instrument and as a data logger that can be deployed in situ to take semi-continuous measurements?
- Do you want to use the same instrument to work as both a handheld instrument and as a benchtop instrument in a laboratory?

#### Xylem (YSI) - US based

Industry standard instruments offered for varying degrees of in situ and continuous measurement. The ProDSS is a handheld that is appropriate for grab samples and can hold up to 4 probes. Probes are interchangeable between different instruments. The EXO1, EXO3 and EXO2 are meant for deployment in the field, and use bluetooth to transfer data to a computer or iPad.

#### https://www.ysi.com/prodss

https://www.ysi.com/products/sampling-handhelds

#### Hach

Quality instruments that are designed mostly for benchtop but can be field deployable as well if careful. Need calibration standards and a schedule to replace probes.

Hach 2100Q - Turbidimeter, easily portable.

Hach 40d - Multiprobe system for pH, conductivity, dissolved oxygen - lab bench and field deployable.

Is it valuable to have bluetooth communications or other more complicated data logging and transmission methods on an external device?

Is it important to know tidal state or river height? If so, a pressure sensor can be helpful to include in the sensor package.



© ysi.com



#### Hanna

Budget grade handhelds for some parameters. Sensors may be less accurate than other brands. Usually one meter per parameter. Data needs to be recorded manually.

# © hanna.com



The Manta is the flagship deployable probe, similar to YSI but much cheaper. Be sure to note if a depth sensor or wiper are included, or as these are not standard.

https://www.waterprobes.com/sensor-parameters-waterquality-monitoring



#### © waterprobes.com

#### AquaTrOLL

There are multiple models of this probe, which can also be used as a handheld if hooked up to a computer or ipad. May be more difficult to use than the YSI brand.

https://in-situ.com/us/aqua-troll-600-multiparameter-sonde



© in-situ.com

#### **Seametrics**

Good for integrating into other data logger systems (see Campbell Scientific below). Can be operated standalone, and may be cheaper than YSI.

https://www.seametrics.com/product/multi-parameter/

Campbell Scientific (high quality instruments with a bigger investment in equipment and learning)

Considered the gold standard by the United States Geological Survey for stream monitoring, Campbell Scientific makes sensors that fit into standalone (external) data loggers for turbidity, salinity, pH, and more. There is a big learning curve to programming and setting up these systems, and talking with a product engineer is recommended. Good for quality data at sites where access to land is possible and long term monitoring with less maintenance is the goal.





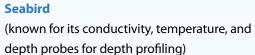
© campbellsci.com

#### Other companies for consideration





Seabird





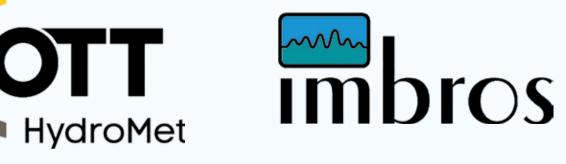
**OTT Hydromet** 







NKE



Imbros

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